

Building Creative Communities: August 2019

Did you know that Ballet Arizona has a variety of different Education & Community Engagement programs designed to help **increase arts access**, **promote arts involvement**, and **deepen community engagement** with the arts?

This month we're sparking creativity and imagination with our **Class Act Program** in partnership with **Ballet Under the Stars**. We've also got a new **Creative Aging Through Dance** session lined up to begin at Adam Diaz Senior Center. And lastly, we're proud to partner with Phoenix Art Museum on their annual **Educator Arts Day** event!

Read more about these events/programs below or click the button to explore all of our Community Engagement programs on our website.

[Visit our Website](#)

Class Act & Ballet Under the Stars



Catch our student performers at one of our **Ballet Under the Stars** Park Performances!

Class Act is an after-school arts enrichment program designed to introduce children to the basic elements of classical ballet through a series of after-school workshops. Two of Ballet Arizona's own professional dancers visit our school partners to teach basic ballet technique and terminology and explore creative movement with participating students. These sessions help students develop a familiarity with dance and creative movement, which gives them the basis from which to create their own dances. Each participating class/group then performs their original dance at their designated **Ballet Under the Stars** performance to a large audience of their parents, family, friends and community members!

Class Act gives kids an opportunity to:

- Use their imagination and flex their creative muscles
- Learn how to work together as a team
- Build quality relationships with peers and adults
- Grow their confidence, self-esteem, and life experience
- Practice 21st Century Skills that will help them achieve success in life

[Learn More](#)

Creative Aging Through Dance



At Adam Diaz Senior Center | Wednesdays 10:00a-11:00a | Aug. 21 - Oct. 23

Generously sponsored by The Arizona Republic's *Season for Sharing* Initiative, Ballet Arizona's **Creative Aging through Dance** program helps connect older adults in Arizona with free or low-cost dance programming at community centers across the Valley. We strive to foster an inclusive, welcoming environment where older adults can experience the emotional, physical, and social connection that dance classes cultivate. Our classes are tailored specifically to the needs of older adults, particularly those who may feel intimidated or excluded in traditional exercise environments, such as gyms, fitness studios, or dance studios.

Creative Aging Through Dance helps build resilience in older adults by:

- Breaking isolation and loneliness through a connection to community
- Stimulating the mind with creative thinking
- Connecting the mind to the body and promoting coordination, flexibility, and strength
- Creating a safe and positive environment where adults can share their life experience and share new experiences with others
- Instilling confidence, joy, and a positive mindset

[Learn More](#)

Educator Day + Cultural Resource Fair



At Phoenix Art Museum | Saturday, August 24th | 9:00am - 4:30pm

Join us for Phoenix Art Museum's 5th Annual Educator Arts Day!

Educators across Arizona can enjoy a FREE day of celebrating arts integrated learning:

- Engaging professional development workshops
- The Cultural Resource Fair- discover community resources available for you and your students
- Opportunities to network with educators from across Arizona
- Prize Raffle
- Catered lunch from Palette Museum Cafe
- Continuing education credit certificate

We'll be there at the resource fair with an information table, flyers, and handouts. You can also check out our arts education workshops throughout the day!

Hope to see you there!

You can help make a difference.



Make a Donation Today

Your support makes it possible for Ballet Arizona to help build creative communities across our state. Help support these, and other, wonderful programs by making a contribution today!

[Donate Now](#)