



Adult Events & Classes

March 2018

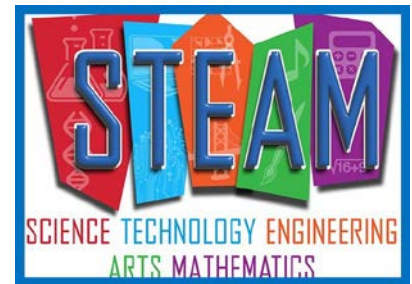
Free Events - Except where noted



Phoenix Art Museum S.T.E.A.M.

Thursday, March 8th, 2 - 3 p.m.

STEAM speaks to the integration of Art & Science (Science Technology Engineering Art & Math) and the use of the Scientific Method not only in the scientific fields, but in Art as well. Examples of Scientific Approaches and how artists have developed much of their techniques from the various fields of Science. The speaker is Phoenix Art Museum docent Sylvia Wright. **Register:** 480-488-2286.



AARP Driver Safety Program

Saturday, March 10th, 10:30 a.m. - 3 p.m.

A refresher course in driver safety and driving skills (lecture). Materials are included. Completion of the course may entitle you to an auto insurance discount (check with your insurer; not all participate). Bring a sack lunch. Class Limit 15. Email instructor Scott Rexinger at srexinger@gmail.com with questions.

Registration Required: 480-488-2286.

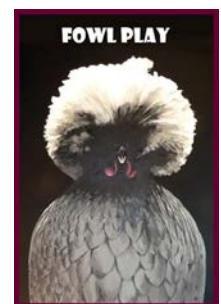
Pay Instructor at class: \$20; or \$15 with AARP member card (checks only), plus \$5 cash or check to Desert Foothills Library.

Adelante Gallery presents *Fowl Play*

March 10-18

Enjoy this exhibition of avian-inspired art to benefit the Desert Foothills Library.

A reception will be held at Adelante on Saturday, March 10, 5-7 pm, 7212 East Ho Hum Road, #14.





Sketching & Drawing

2 - Part Series

Monday, March 12th & 19th, 10 a.m. - Noon

Get your artistic juices going! This is not "Art for Art's Sake."

Roberta Kritzia, noted Art Instructor, will introduce the group to a Classical approach to Rendering in Fine Art. Don't put this off...it's better than therapy and you can't buy the feeling of creativity at the pharmacy. **Register:** 480-488-2286.

Cost: \$39 (includes materials).

Preventing Weight Gain Is Easier Than Losing Weight! How a mobile App Can Help

Saturday, March 24th, 10:30 - 11:30 a.m.

Research shows that people do make lower calorie choices when calorie amounts are presented as "exercise equivalents." Author and Health Coach Stan Reents, PharmD, will summarize this intriguing new concept. Additional discussion points will include: recent and future changes to food labels, the evolution of the term "m-Health", why responsive design is important when using mobile devices, using your smart phone to read bar-codes and QR codes. **Register:** 480-488-2286. **Cost:** \$5



Desert Foothills Library Block Party

Sunday, March 25th, 1 - 4 p.m.

Due to Library construction, we've transformed our traditional, Annual Gala into a Block

Party - where you and friends can enjoy an afternoon of fun while supporting your favorite Library! There will be several interactive activities, including participating in a Community Art Mural in partnership with the Sonoran Arts League and wonderful opportunity to sample gourmet fare from local food trucks.

You will not want to miss this important fundraising event!

Tickets: \$125 from the library, or search for library Block Party at www.eventbrite.com.

Associations of Dry Eye and Eye Lash Mites

Tuesday, March 27th, 2 - 3 p.m.

Many people are not aware of eyelash mites, otherwise known as demodex folliculorum, but most people have them! These parasites can cause red, irritated, itchy eyes and/or eyelids. In this presentation, medical optometrist Dr. Julie Lam discusses eyelash mites, how they can contribute to the worsening of dry eye symptoms and alternative dry eye treatments. **Register:** 480-488-2286.



LIBRARY CLOSURE NOTICE

Construction necessitates closure for regular library use on March 14 & 15 but scheduled events/classes will be held.

Library will be closed March 25 for BLOCK PARTY.

AND CANCELLED

Remembering Our Stories - A Writer's Group
has been permanently cancelled by the facilitator.

Named "Best of Phoenix, [Best Library in the Valley](#)" in 2014.

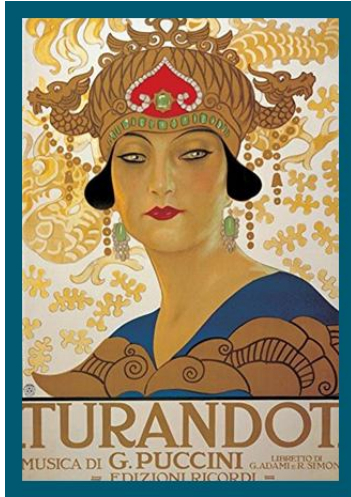
Support your community! The Library is a non-profit, funded by donations. Ask about the benefits of membership and volunteering.

Library Closings

*March 25th
for the library
BLOCK PARTY*

Library Hours

*Monday-Friday
9am-6pm
Saturday 10am-4pm
Sunday 11am-3pm*



Music @ the Movies

March 1st, 2 - 5 p.m.

(1st Thursdays)

Turandot: The story is set in China and involves Prince Calaf, who falls in love with the cold Princess Turandot. To obtain permission to marry her, a suitor has to solve three riddles; any wrong answer results in death. The music of the opera by Jacobo Puccini is glorious, including the well-known aria, Nessun Dorma, the settings and costumes are magnificent, the story is compelling and

even humorous at times, but best of all it has a happy ending. 134 min. Hosted by Music Enthusiast Annis Scott. No Registration.

Teen Tech Help Desk

Saturday, March 3rd & 17th, 10 a.m. - 1 p.m.

Contact Brandon Holmes: 480-695-2638.

Sunday, March 11th, 11 a.m. - 1 p.m. Contact

Bo Manuszak: manuszakbo@yahoo.com.

Get help with e-mail accounts, apps, downloading e-books, setting up devices, Windows 10, websites & more! Bring your device or use a library computer to get your questions answered. Contact Brandon or Bo for more information. No appointments needed; 1st-come, 1st-served.

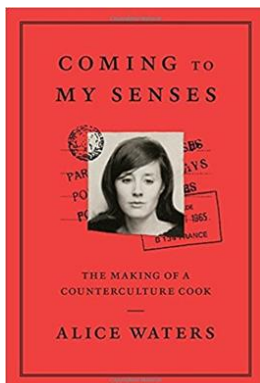


The Literate Foodie Club

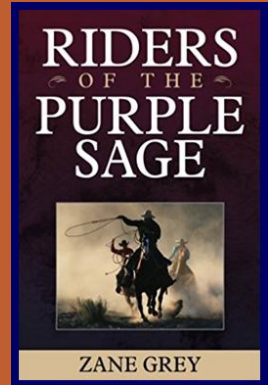
March 5th, 12:30 - 2:30 p.m.

(1st Mondays)

Love food, books, cooking and conversation? We will explore all these and more. **March Topic:** *Coming to My Senses* by Alice Waters. Facilitated by Dana Rakinic. Questions? Contact danarakinic@gmail.com. **Register:** 480-488-2286. **Cost:** \$10



Library Book Club



March 8th, 10 - 11:30 a.m.

(2nd Thursday)

Riders of the Purple Sage

by Zane Grey.

Everyone is welcome!

No registration.

For a complete list of discussion titles, click here.

Passport?



The Library is a **Passport Acceptance Facility**

Available daily!

Appointments essential.
Call 480-575-3201 or click **here for details.**

Amazon Smile

Inside the library

OPEN 7 DAYS

Chapter2Books

Great Books. Great Prices.

Biggest used bookstore in the North Valley!
More than 15,000 books as well as DVDs - CDs - AUDIOBOOKS
Starting at 50 cents! Located inside Desert Foothills Library

SPECIAL SALE!

March 9, 10, & 11th

(2nd weekend each month)

Check us out on Amazon.

Donations are welcome anytime!

www.Chapter2BooksAZ.com

480-488-2777



Around the World in 9 Films

the Best in International Cinema

March 9th, 1 - 3 p.m. (2nd Fridays)

Movies are a great way to learn about different cultures -- how people live, love, laugh, and cope with hardships and tragedy.

This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same

time, linking a thread of humanity that stretches across the globe. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. **This Month:** *Phoenix* (98 min.). Germany. **Register:** 480-488-2286.



Amazon will donate 0.5% of your eligible purchases to the Desert Foothills Library Association.

CLICK HERE TO PURCHASE

Quick Links



[Printable Events Calendar](#)

[Digital Library Catalog](#)

[Online Tools & Research](#)

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Zinio

Digital Newstand



The world's largest digital newsstand is available now. Enjoy a huge array of popular magazines online.

Visit our website to access Zinio.

Wills and Trusts 101

Tuesday, March 13th, 1:30 - 2:30 p.m.

Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a **FREE** Estate Planning Workshop, providing a small group setting for men and women to learn the essentials of Wills, Trusts and Probate. Attendees will learn:



- Last Will and Testament - what they do and don't do
- Probate - what it is and how to avoid it
- Trusts - what they are and how they are different from a Last Will and Testament
- Executor/Successor or Trustee - who can be one and how to pick the "right" one
- Beneficiary designations - why these need to be updated

Attendees will have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment. **Register:** 480-488-2286.

Literary Salon

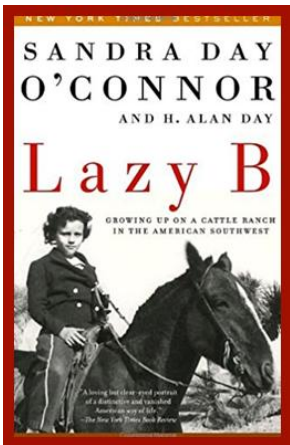
Not Your Typical "Book Club"

March 15th, 10:00 a.m. - Noon (3rd Thursdays)

March Topic: Western Literature.

Western literature is replete with archetypes of wide open spaces and the American cowboy: the Grand Canyon, Monument Valley, wild horses, large ranches and farm land, gunfights, Tombstone, Prescott, and Santa Fe. Novels have been made into mini-series and movies such as *Lonesome Dove* by Larry McMurtry and *True Grit* by Charles Portis. Facilitator Jill Hall grew up in rural Arizona reading Louis L'Amour, Tony Hillerman and Edward Abbey. Come and

discuss your favorite stories and movies. Other suggestions: *Going Back to Bisbee* by Richard Shelton, *The Lazy B* by Sandra Day O'Connor and Alan Day, and *I Am the Grand Canyon: Story of the Havasupai People* by Stephen Hirst. No Registration.



Cinematic Reflections on WWI

freegal



Free music downloads you can keep forever!

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*Use your library card to download up to five music tracks each week to your computer -- free!*

*DRM-free: once downloaded, they will not expire. Follow the image above and click on the "Freegal" button on the right side of the page.*

## **Rocket Languages**

**Choose from 13 languages**



*Learn to speak a language online today! All you need is a **free** Desert Foothills Library Card to get started. Visit our **Digital library at DFLA.org**. With our comprehensive multi-media packages you will be speaking and improving your language skills with every lesson by taking part in the modern, everyday conversations that make up our*

## The 100th Anniversary

March 16<sup>th</sup>, 3 - 5 p.m. (3<sup>rd</sup> Fridays)

Inevitable, but also easily avoidable, World War I is one of the most tragic and unique wars in history. This series will highlight films that define the triumphs, tragedies, innovations, and sacrifices in what was hailed as 'The War to End All Wars.' WWI will ultimately cause WWII and shape the entire 20th Century. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. **This month:** *The Wipers Times* (92 min.). **Register:** 480-488-2286.



*Interactive Audio Course.*

### Culture Pass



*FREE passes to arts and culture venues in metro Phoenix! (Desert Botanical Gardens, Science Center, Art Museums, to name a few!). Limited availability - you must personally check the display when you visit.*

***Now available at DFL***

## Secure Your Financial Future Lessons from Warren Buffett

Saturday, March 17<sup>th</sup>, 10:30 a.m. - 12:30 p.m.



- Understand Buffett's "Rule of 100" or risk ruin in retirement
- Why your stock market portfolio violates Buffet's "Rule #1"
- Avoid the next crash in stocks & bonds
- Buffett's rules for financial success

Presented by Dr. Harold Wong, PhD Economics (UC Berkeley), the long-time financial columnist for The AZ Republic. **Register:** 480-488-2286.

### FAX Service



*Donating Members:  
FREE!  
Cardholders:  
per page... \$1 local;  
\$1.50 long distance  
(US only)*

### Shop & Dine to Fund the Library!

Shop at the eScrip Online Mall to earn \$\$ for the Library



**SIGN UP JUST ONCE !**

*Help earn money for the library by clicking [here](#).*

### Food Bank Drop-off



Highland • Glendale • Phoenix • Mesa

### ***Foothills Food Bank***

*The library has partnered to feed the hungry in our community.*

## Music Appreciation @ the Library

Fridays, March 23<sup>rd</sup> & 30<sup>th</sup>  
(4<sup>th</sup> & 5<sup>th</sup> Fridays this month  
only), 4:00 - 5:30 p.m.

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history.

**Register:** 480-488-2286

**March 23:** "Cello Concertos...a Haydn and a Dvorak and more"

**March 30:** "Rogers and Hammerstein and their Well loved Musicals"



*A drop-off collection container is located by the pillar, left of the front desk.*

### **Important Notice Stock Donations to the Library**



*The Library welcomes donations of stock, and we want to properly thank those of you who give such a donation.*

*Did you know that stock brokerage houses will no longer release the names of those who donate?*

*So we have recently been unable to thank several patrons for their generosity. If you donate, would you please include your name and address?*

**THANK YOU!**

### **Community Partners**



*Cave Creek Museum*

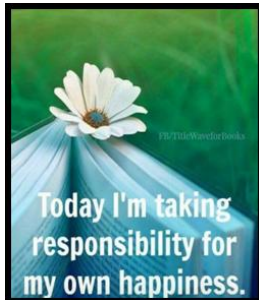
*CC Unified School  
District*

*Desert Foothills Land  
Trust*

*Foothills Caring Corps*

## **Creating Gladitude**

Saturday, March 24<sup>th</sup>, 10:30 -  
11:30 a.m.



Digging deep doesn't mean you have to get and keep your hands dirty. Get involved with what's making and keeping you stuck. Author & Life Coach, Raleigh Pinskey, helps you establish credibility, prosper, and even surpass your goals. Questions? Call 480-488-4840 or email [raleigh@creatingglatitude.com](mailto:raleigh@creatingglatitude.com).

**Registration Required:** 480-488-2286.

**Cost:** \$8

## **Craft N Chat**

March 26<sup>th</sup>, 1 - 3 p.m.  
(4<sup>th</sup> Mondays)

Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill levels are always welcome! No registration.



## **Solar Business Leasing**

**earn 7% and enjoy 30% tax credit**

Saturday, March 31<sup>st</sup>, 10:30 a.m. - 12:30 p.m.

- The food industry uses diesel-powered reefers (refrigeration



units that are noisy with heavy pollution)

- Solar-powered reefers cool much better and use NO fossil fuel
- Large companies such as Kroger pay part of the cost upfront & 7% annual interest
- 30% solar tax credit and deduction or depreciation saves you taxes



Presented by Dr. Harold Wong, PhD Economics (UC Berkeley), the long-time financial columnist for The AZ Republic. **Register:** 480-488-2286.

**Foothills Community Foundation**

**Foothills Foodbank**

**Sonoran Arts League**

**YMCA**

## **Membership**



*Did you know that we are an independent, non-profit public library, depending on the support of individuals like you through memberships and donations for 90% of our funding? You'll enjoy additional benefits by becoming an annual member. **Join now** for as little as \$40 individual or \$70 family!*

## COMPUTER/TABLET CLASSES



**Class below taught by Tech4Life. Registration Required: 480-488-2286**

### Home Automation

March 1<sup>st</sup>, 9:30 - 11 a.m.

(1<sup>st</sup> Thursdays)

Amazon Echo, Google Home, Nest, Wink, Video. Unlock your doors, close the garage, change the temp, be notified of water leaks, see AND talk to someone at your door from ANYWHERE! Experience real practical applications of today's products.



### Password Management and Security 101

March 22<sup>nd</sup>, 9:30 - 11 a.m.

(4<sup>th</sup> Thursdays)

Frustrated with a million passwords? Worry about credit card fraud? Has someone called you about your computer being hacked? Is your data safe? Show up and we'll explain all of this and more! Lecture and Handout provided, no computers.

## **VOLUNTEER!**



**Looking for a Fulfilling Volunteer Opportunity?**

Join the **Desert Foothills Library** and make a real impact! Volunteers are needed at the Library and Chapter2Books. Shifts are generally 3 to 4 hours and available for all days of the week; volunteers will be

## FOR WRITERS

### Writers Connection

## Microtension Keeps Readers Turning the Page

March 2

<sup>nd</sup>, 1 - 3 p.m. (1<sup>st</sup> Fridays)



Most writing workshops focus on the big plot elements--the car chases, fight scenes, and breakups. But what about those moments when we're walking down a dark street and we hear footsteps behind us? Award-winning fiction writer Marylee MacDonald's workshop explores microtension. To understand how microtension works, We'll be looking at a single passage from author Margot Livesey's novel *HOMEWORK* (for writers of short stories, novels, or memoirs). Facilitated by Sherry

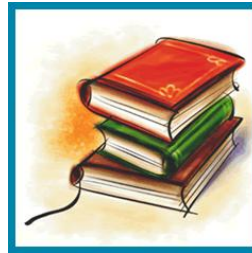
Kesling. **Register:** 480-488-2286.

## Memoir Writing Group

March 12<sup>th</sup>, 10 - 11:30 a.m.

(2<sup>nd</sup> Mondays)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.



## SPANISH OFFERINGS

### Intermediate Conversational Spanish

Every Wednesday, 10:30 a.m. - Noon

Informal chat session using various books, flashcards, etc. No instructor. No registration.



### Spanish Classes

*All Spanish Classes below are taught by Alina Lowen, a native speaker who has taught for 30+ years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-595-5500.*

*Limited class sizes, register early! **Registration required at least 2 days***

**prior to class start: 480-488-2286.**

**Cost:** \$54 for 6-week series.

Spanish Level 1

*fully trained. To apply, contact Library Manager Terri Engebretson at [tengebretson@dfla.org](mailto:tengebretson@dfla.org) or 480-488-2286.*

**Wednesdays, March 7<sup>th</sup> - April 11<sup>th</sup>, 9:30 - 10:30 a.m.**

No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

Spanish Level 2

**Wednesdays, March 7<sup>th</sup> - April 11<sup>th</sup>, 10:40 - 11:40 a.m.**

Spanish Level 3

**Wednesdays, March 7<sup>th</sup> - April 11<sup>th</sup>, 11:50 a.m. - 12:50 p.m.**

Spanish Level 4

**Tuesdays, March 6<sup>th</sup> - April 10<sup>th</sup>, 10:40 - 11:40 a.m.**

Spanish Level 5

**Tuesdays, March 6<sup>th</sup> - April 10<sup>th</sup>, 11:50 a.m. - 12:50 p.m.**

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## ONGOING HEALTH & FITNESS CLASSES

### Guided Meditation

RELAX

Thursday, March 22<sup>nd</sup>, 2 - 3 p.m.

In this practice, we lie on the floor with closed eyes and relax in the space just before sleep. *Please bring a yoga mat or blanket.*

**Registration required:** Contact instructor Payton Cooper at 480-563-1142 or [studiomagic@cox.net](mailto:studiomagic@cox.net). **Cost:** \$6 cash, pay to instructor at each class.

### Qigong/Tai Chi Easy

Every Friday, 8:45 - 9:45 a.m.

A discipline that can be practiced and benefits gained at any age - you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing and repeated gentle motions and stretches to improve health, balance, agility and flexibility. Wear loose clothing and bare feet.

**Registration Required:** Contact instructor Bina

Bou: 480-284-1300 or [bina.b75@gmail.com](mailto:bina.b75@gmail.com). **Cost:** Prepay instructor \$40 cash for 5 classes; or \$10 drop-in.



### Gentle Yoga

Every Sunday, 11 a.m. - Noon (no class 3/25)

You are only one yoga class away from a good mood! Yoga for Every Body: through a slow flow of controlled poses you'll begin strengthening your heart and bones, improving balance, and sharpening the mind. *Please bring a yoga mat and light blanket.* **Registration Required:** Contact instructor, Marina Kachur, at 480-510-6572 or [yokama14@gmail.com](mailto:yokama14@gmail.com). **Cost:** \$8 cash, paid to instructor at each class.



## Restorative Yoga



Every Thursday, Noon - 1 p.m.

Great for beginners! Improve your ease of movement, flexibility, breathing and meditation. *Please bring a yoga mat and light blanket.* **Registration Required:** Contact instructor Elizabeth Boisson: 480-363-5275 or [evboisson@yahoo.com](mailto:evboisson@yahoo.com). **Cost:** \$8 cash, pay to instructor at each class

## Natural Body Movement

Every Sunday, 1 - 2 p.m. (no class 3/25)

Classes are a gentle approach to movement. Emerging from mindfulness, learn to trust the bodies sensations while increasing strength, flexibility and mental clarity. Release stress, tension and chronic pain. *Please bring a light blanket.*

**Registration required:** Contact instructor Judah Page: 602-931-2865 or [judah.page@gmail.com](mailto:judah.page@gmail.com). **Cost:** \$10 cash, pay instructor at each class



## MONTHLY SUPPORT GROUPS

*Led by Hospice of the West facilitators. No registration.*



## Caring for the Caregiver

March 5<sup>th</sup>, 10 - 11:30 a.m. (1<sup>st</sup> Mondays)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other

caregivers.

## "The Healing Pathway", After the Loss of a Spouse or Partner

March 12<sup>th</sup> & 26<sup>th</sup>, 9:30 - 11 a.m.  
(2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.

## Monday Movies

Every Monday, 3 - 5 p.m.

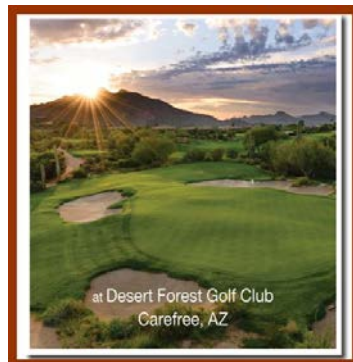
New releases with a foreign film once each month.

We strive to bring you only the latest films. Due to uncertainty about release dates, please check our website at [www.dfla.org/calendar](http://www.dfla.org/calendar) for current listings and updates.



- Mar 05 - "Darkest Hour" starring Gary Oldman. Rated PG-13
- Mar 12 - TBD
- Mar 19 - TBD
- Mar 26 - TBD

## SAVE the DATE!!!



Monday, May 7, 2018

## Desert Foothills Library Golf Tournament

Contact David Court [dcourt@dfla.org](mailto:dcourt@dfla.org)



[For a complete calendar of adult & youth events & classes, click here.](#)



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Desert Foothills Library, 38443 N. Schoolhouse Road, P.O. Box 4070, Cave  
Creek, AZ 85327