

All events and classes held at FCF - Holland Community Center located at
34250 N. 60th St. Building B, Scottsdale, AZ 85266.

All theater performances are held at Cactus Shadows Fine Art Center located at
33606 N. 60th St. Scottsdale, AZ 85266
(unless otherwise noted)

HOLLAND COMMUNITY CENTER

Essential Oils and Preventative Healthcare WORKSHOP



January 26, 2017
6:30 - 8:30 pm

This 2-hour class will include the multiple possibilities and uses for essential oils. Come look at healthcare from a preventative perspective. With seasonal allergies, food allergies, skin sensitivities, pet allergens, toxins and chemicals in our immediate environments, alternative care methods are becoming more and more relevant. You will learn about the importance of preventative care, what essential oils are, uses for essential oils, the 'how-to's' for

FAMILY HISTORY WRITING WORKSHOPS



Three different workshops offered February 18, March 11 and April 22 that will give you the tools and inspiration to write about your family history.

These family history writing workshops will guide you, whether you are a family genealogist or writing hobbyist, to transform "just the facts" family histories into captivating personal essays and stories.

Instructor Cynthia Kiefer is a 20+ year teaching veteran with expertise in teaching writing, literature, and research to students of all ages. In addition to her passion for teaching, she is an American history buff, artifact aficionado, and historical fiction writer and researcher. In addition to teaching full time, Cynthia is currently writing a historical fiction novel. Not surprisingly, this novel concept began with a long-gone family member.

To register call 480-488-1090 or [click here](#) to register online.
\$25 per workshop.

Workshop #1: Write Your Family

application/dilution, and where to find them.

* Introduction of oils

* Usage breakdown and sampling of common oils

* A variety of ways oils can be applied

\$25.00 registration fee (includes some take-home samples)

Instructor: Heather Cambanes is an Essential Oils distributor, educator, and entrepreneur with her own catering business. She has been living and studying preventative healthcare for over ten years.

[Click here to register](#)

or call

480-188-1090.

Members of Ancestors to Life, February 18, 10am - 12pm

Do you have genealogical biographical information, pictures, letters, and old newspaper clippings and other assorted memorabilia featuring an interesting ancestor or family member, but aren't sure how to turn it into an interesting biographical profile? In this active workshop session, come with a person in mind to write about and learn strategies to bring him or her to life. You bring your notebooks, tablets, or laptops to the session and your workshop leader will bring the exercises and strategies to help you write an engaging family biography piece.

Workshop #2: Telling the Story Behind Your Family Artifacts, March 11, 10am - 12pm

Artifacts are more than inanimate objects. They tell us stories if we listen: stories about our family heritage, stories about our family values, and stories with deep personal meaning. If you possess treasured family items such as old letters, clothing, photographs, jewelry, military medals, antique furniture, prayer books, or other artifacts, this workshop will help you hear the story behind it and write about what it means to you and your family. To participate in this workshop, please arrive with an artifact in mind and pictures of it — or even bring it with you if it isn't too valuable. Your presenter will lead you through steps and strategies for writing a personal essay about your cherished artifact.

Workshop #3: Writing Captivating Vignettes for Your Family History, April 22, 10am - 12pm

When we write our family histories, we typically recount important events in the lives of our past and present family members. We consult our family artifacts, listen to grandmother's stories, and perform the genealogical research, but somehow, the family histories we write read like reports and impersonal biographies. There is an antidote: writing short vignettes — short stories with a point and a beginning, middle, and end — about real life people and events in a specific time and place. In this session active writing workshop, your presenter will provide exercises and strategies to help you write an interesting family history vignette that will entertain and educate its future readers.

[Register now!](#)



Beef & Bourbon....yumm!

The February T.G.I.F. Tasters Club is an educational presentation and tastings from Cartwright's Sonoran Ranch House Chef Vibber and Bar Mange Lance Carver about beef and bourbon!

Join us at FCF-HCC on Friday, February 10 from 3-5pm
\$30.00

Bourbon and Beef



Friday February 10, 2017 For 100 years, the Cartwright Range was one of the largest cattle ranches of the many that sprung up in the desert foothills, and it has been said that it was the oldest Arizona ranch to remain in the same family for over three generations. As the story goes, in a Phoenix diner over a nickel beer and a whisky, ol' Red Cartwright was convinced to come to Cave Creek. Cartwright's Sonoran Ranch House still serves the finest beef in our area. Enjoy this presentation and sampling of grassfed, cornfed and wagyu beef along with three different bourbons.

[Buy Tickets Now](#)

VISUAL ARTS EXPLORATION PROGRAM 2017 LECTURE SERIES

Mondays, 4:00—5:00 p.m.
January 9 —February 20

What a line up of distinguished presenters we have in our 2017 program. Their topics include the renowned **Frank Lloyd Wright, Salvador Dali, and David Hockney** along with lectures on **Scottsdale's Public Art, Travel Sketching, Mural Art, and Original Selfies.**

[Click here](#) for the entire schedule and roster.

Coming up Monday, **January 23**

A Life of Art & Travel

Presented by classical artist and instructor Roberta Kritzia who will weave personal life experiences of sketching on location in

Europe while visiting the most renowned Art Museums around the world.

Next in the line-up, **January 30**
Original Selfies - Extraordinary Self-Portraits of the World's Greatest Artists

Presented by artist Suzie Wilson who will show portraits of the SELF as seen through painters' own eyes.

Join us at 3:30 pm prior to the lecture to also register on site and for a wine and cheese reception.

MORE PROGRAMMING FROM FCF PARTNERS....

Computer Class for Beginners

Wednesdays from 11 AM - 12PM
February 2, 8, 15 and 22

- * Learn to use Windows
- * Locate and save files and photos
- * Set up and use Facebook
- * Search the Internet

Offered by the Paradise Valley Community College at Black Mountain, 344250 N 60th St, Scottsdale, AZ 85266

Course ID: BPC005/35655

In State Resident: \$36.50
Out of State Resident: \$96.75

Call Michelle Carter for registration and more information at 602-787-6746 or email michelle.carter@paradisevalley.edu.

Life Line Screening

Coming to FCF-Holland Community Center on Wednesday, February 22.

Take a step toward staying Healthy & Active

Advanced ultrasound technology looks inside your arteries for signs of plaque buildup.

Pre-registration is required.
Call 1 (888) 653-6450.

FREE SEMINARS
2017 Financial Strategies Workshops offered by
Harold Wong, Ph.D.



January 24, 10:30 am - 12:30 pm
Secure your Financial Future: Lessons from Warren Buffet

February 16, 11:00 am - 1:00 pm
Secrets of Roth and Multi-Generational IRA's

February 18, 10:00 am - 12:00 pm
How to Maximize your Social Security and Other Retirement Income

March 8, 10:30 am - 12:30 pm
How Women, Widows and Couples Can Increase Income and Reduce Taxes

March 9, 10:30 am - 12:30 pm
Why Tax Savings and Alternative Investments are Better than Wall Street

Complimentary registration.
1-(800)955-1408 or harold_wong@hotmail.com

HOLLAND GALLERY OF FINE ART

Holland Gallery of Fine Art Exhibit

Mountain Top Experience - through January 27.
Four abstract painters including Judith Viskar, Dennis Kleidon, Karen Brace Adams and Elizabeth Randall Moore.

Let's Talk Art - coming January 27 - February 24.
This group of working artists meet every Monday (for over 20 years now) to share art and push each other to create and stretch their craft. Opening art reception is February 11 from 4:30 - 6:30 pm.

Our gallery is open to the public. All art is for sale. Please call 480-488-1090 in advance to check on gallery accessibility for viewing.

Holland Gallery of Fine Art Exhibit
Roberta Kritzia, A Classical Artist - through January 26. One-

of-a-kind pieces in oil, pastel, and mixed media representing her travels in Europe over the past 31 summers.

Suzie Wilson - coming January 27 - February 24. Her artistically enhanced photographs taken from around the world.

Gift Shop Now Open. The FCF-Holland Community Center Alley Gallery display cases are filled with new art, jewelry, pottery and crafted items for sale.

DESERT FOOTHILLS THEATER

How about these new rockin' musical theater events!

Enjoy two great tribute shows to ABBA and The Eagles this winter at ABBAFAB and ONE OF THESE NIGHTS.

To purchase tickets please call 480-488-1981 or click 'buy tickets now' below.

DFT Presents AbbaFab



Sunday January 29, 2017 This multimedia production is a tribute to some of the greatest music produced in the 1970's and 1980's including monster hits such as Waterloo, Fernando, Honey Honey, Dancing Queen and countless others. From the earliest hits to Mamma Mia, ABBAFAB will take you on an ABBA journey that is unmatched.

There's no doubt that the ABBAFAB vibe is infectious! Their vocals and musicianship are second to none. ABBA fans love it and new ABBA fans are created at every show. ABBAFAB consistently plays to SRO audiences across the USA and abroad and offers a truly unique experience you will not soon forget.

[Buy Tickets Now](#)

DFT Presents One of These Nights



Sunday February 26, 2017 ONE OF THESE NIGHTS promises exactly that....an unforgettable night featuring the music of the Eagles. The show features the band's greatest hits like – all presented in a highly entertaining production with uncanny accuracy.

[Buy Tickets Now](#)



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Foothills Community Foundation uses [Vendini](#) for ticketing, marketing, and box office management.

Foothills Community Foundation - 34250 N. 60th Street, Bldg. B, Scottsdale, AZ, 85266, (480) 488-1981
Vendini, Inc. - 660 Market Street, San Francisco, CA, 94104, 1 (800) 901-7173