

Scottsdale Parks and Recreation Update | Jan. 2017

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Upcoming Events

Paws in the Park

10 a.m. - 2 p.m.
Jan. 21

Chaparral Park 'off leash' area
SE Corner of Hayden and McDonald

Happy New Year!



This is the time of year where many resolutions are made. Scottsdale Parks and Recreation can help you reach your 2017 goals!

Club SAR Boxing and Fitness Center offers a variety of fitness classes and fitness equipment to help you hit your fitness goals.

Pinnacle Peak is a beautiful park with a 1.75 mile (one-way) hike that is both challenging and beautiful.

The Indian Wash Greenbelt boasts 11 miles of paved pathway traversing through the heart of Scottsdale. It's perfect for walking, running and biking!

Scottsdale has three heated pools that are currently open, offering lap swimming, water exercise classes and lessons. They also have on-site fitness centers!

Our parks are the perfect place for you to walk, run and play by yourself or with family and friends.

The Leisure Education office has coordinated hundreds of classes that will teach you a new language, hobby or discover a new interest.

We hope that 2017 is the year that you discover more about what Scottsdale Parks and Recreation has to offer you!

Paws in the Park - Jan. 21



Bring out your favorite four-legged friend to Chaparral Park's 'off leash' area; for fun activities include vendors, information booths, dog adoptions, giveaways and entertainment. Donations of dog food will be collected on-site to benefit the Vista Del Camino Pet pantry and Scottsdale rescue agencies.

For more information call 480-312-0217 or visit ScottsdaleAZ.gov and search 'Paws in the Park'.

10 a.m. - 2 p.m.
Jan. 21

Chaparral Park Off Leash Area
SE Corner of Hayden Road & McDonald Drive

We're Hiring!



Are you at least 15 years old and would like a lifeguard job this summer? The time to get trained is NOW! The StarGuard Lifeguard Training class certifies you in lifeguard rescues, basic first aid and CPR - and is your first step to becoming a city of Scottsdale lifeguard!

Classes run Mondays & Wednesdays from 5 - 8 p.m. and Saturdays 8 a.m. - 2:30 p.m., Jan. 23 - Feb. 6. Scottsdale Parks and Recreation hires many lifeguards, so you may have the opportunity to work at one of our aquatic centers this summer!

Visit ScottsdaleAZ.gov and search 'become a lifeguard' for more details.

Parks are good for your health and community



The Trust for Public Land, which named Scottsdale's [parks system](#) the best in Arizona, has [outlined various ways](#) that city parks are good for your health.

Benefits of having a park nearby include:

- Increases frequency of exercise
- Exposure to nature and greenery makes people healthier
- Pollution abatement
- Crime reduction
- More recreation opportunities: play is important!

Find the park nearest you by visiting ScottsdaleAZ.gov and search 'parks'.

We hope you are enjoying Scottsdale Parks & Recreation Newsletter. Please forward this to someone who may wish to know about the many free and low-cost recreation opportunities we have available through the City of Scottsdale. Have something you'd like to share with us? Suggestions and comments are always welcome, we'd love to hear from you, please contact Ann Porter, aporter@ScottsdaleAZ.gov.



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