



Adult Events & Classes November 2016

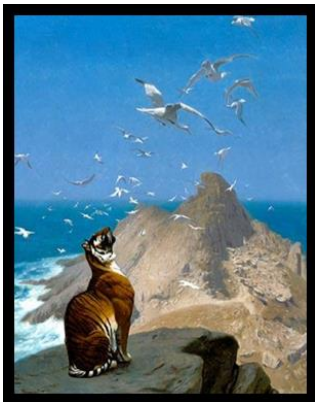
Free Events - Except where noted



Traveling to Italy... see the Hidden Tuscany

Wednesday, November 2, 3 - 5 p.m.

Join Roberta Kritzia, tour designer and professional artist, as she conducts a lively slide lecture showing the *"Hidden Treasures" of Tuscany, Italy*. Enjoy Brunello Wine Tasting in a vineyard and explore a fortress in the Medieval Hill Town of Montalcino, Italy. Visit the stunning Hill Town of Pienza known as the Renaissance village of the Val d' Orcia. Join Roberta in an Italian Cuisine Cooking Class in a villa just outside of Florence. Shopping in and around the Ponte Vecchio, Florence. Also, Roberta will show her most recent mixed media paintings done in Europe during her 31 years of designing for her Small Group Tours to Europe. This promises to be a most unique presentation and it may inspire you to explore and/or sketch with Roberta, on location, in Italy, 2017. **Register:** 480-488-2286
Cost: \$10 cash only; pay to Roberta Kritzia at program event



"Lions and Tigers and Bears, Oh, My!" Wildlife Art through the Ages

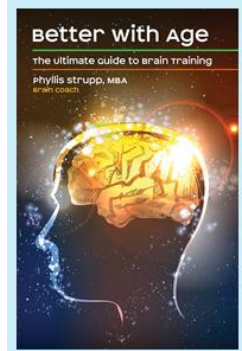
Wednesday, November 9, 10 - 11 a.m.

From the pre--historic caves in France, to the mountains of Wyoming and the pop--art scene of New York, artists have created images of wildlife for many purposes. They recorded what they saw in the natural world, used animals as symbols in storytelling, and glorified wild animals to promote messages about conversation. "Wildlife Art through the Ages," will explore this topic with brilliant and colorful works dating from 30,000 B.C. to the present. Presenter Nancy Millman has been a docent at Phoenix Art Museum since 2001 and is also the author of the book *Emperors of Adland*, published by Warner Books. **Register:** 480-488-2286.

Train Your Brain!

Wednesday, November 9, 3 - 4 p.m.

Brains need a workout too! Learn about the 5 brain areas that you need to exercise. We will also review the best forms of brain training to improve neuroplasticity and get better with age. Award-winning author and brain coach Phyllis Strupp has taught brain training for eight years. Her latest book, *Better with Age: The Ultimate Guide to Brain Training*, will be available for purchase at \$20 cash or check. www.phyllisstrupp.info. **Register:** 480-488-2286.



The Music of World War II War Songs and their Stories

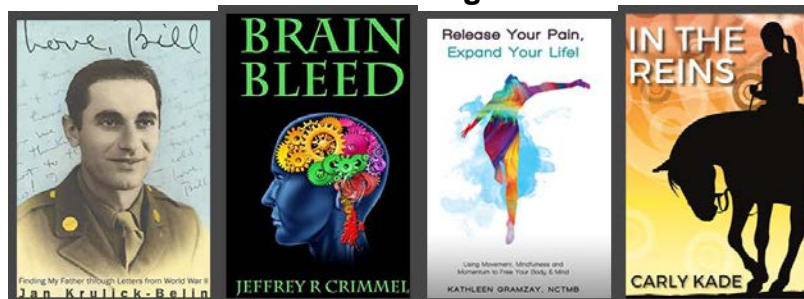
Thursday, November 10, 11:00 a.m. - 12:30 p.m.

Some of the most memorable and enduring popular music of the Twentieth Century was written during the Second World War. With patriotism at an all-time high, the war effort became an integral part of the entertainment industry, creating an emotional wartime dream world of heroes, love, remembrance, reflection, and introspection. Through his book, *Music of World War II*, author Sheldon Winkler tells the stories behind the origins of many of these musical compositions, some of which have survived to become standards and are popular to this day. Books will be available at \$15 cash and a donation to the Library will be made from each sale. **Register:** 480-488-2286

Arizona Authors Showcase

November 15, 10:00 a.m. - Noon

Join four local authors as they briefly tell their stories and discuss their books, which will be available for sale and signing. Books range from \$10 to \$20. Please bring cash or checks. We will have cake and tea to celebrate our authors. **Register:** 480-488-2286



Love Bill: Finding My Father through Letters from World War II, by Jan Krulick-Belin. An extraordinary journey of unexpected discoveries unveiling the unbreakable bond between fathers and daughters.

Brain Bleed, by Jeffrey Crimmel. A gripping murder mystery that evolved from a series of events caused by one man's real-life experience with a blood clot trauma.

Release Your Pain, Expand Your Life, by Kathleen Gramzay. Intriguing exploration into the connection between body/mind and how it affects your health. Refreshingly informative.

In the Reins, by Carly Kade. Deeply romantic and suspenseful. Passionate, captivating, and full of equine epiphanies, this is a love story sure to touch your inner cowgirl.

Learning from Antiques

Wednesday, November 16, 2 - 3 p.m.

Local collector Greg Hoffman will focus on 20 selected pieces from his collection of American antiques and folk art. We will examine the many ways in which the form and function of antiques can reveal a wealth of knowledge about history and the lives of our ancestors. **Register:** 480-488-2286



Named "**Best of Phoenix, Best Library in the Valley**" in 2014.

Support your community! The Library is a non-profit, funded by donations. Ask about the benefits of membership and volunteering.



Music @ the Movies

November 3, 2 - 5 p.m.
(1st Thursday)

Le Concert - The Concert: Thirty years ago the renowned conductor of the Bolshoi orchestra, was fired for hiring Jewish musicians. Now a janitor at the Bolshoi, he gathers his former musicians to perform in Paris. 107 min. (PG-13) Hosted by music enthusiast Annis Scott. No registration.

Library Closed

November 11

November 24

Library Hours

Monday-Friday

9am-6pm

Saturday 10am-4pm

Sunday 11am-3pm

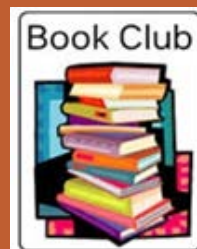
Library Book Club

Music Appreciation @ the Library

Friday, November 4, 4:00 - 5:30 p.m.

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history. **Register:** 480-488-2286

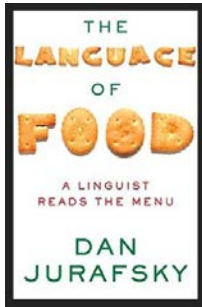
Topic: "Romeo and Juliet": The Many Versions of the Shakespeare Love Story portrayed in Musical forms....Six composers portray the Lovers' Story: Tchaikovsky, Prokofiev, Gounod, Bernstein and Rota. It's all about Love!



Tuesday, November 8,
10 a.m. - Noon

(2nd Tuesdays)

Discussion of



The Literate Foodie Club

November 7, 1 - 2:30 p.m.
(1st Mondays)

Love food, books, cooking and conversation? We will explore all these and more: writing, travel, history, literature, crazy experiences, world cuisines, guest chefs and occasional special field trips. Facilitated by Dana Rakinic. **November topic:** *The Language of Food* by Dan Jurafsky. Guest chef To Be Announced. Snacks will be served. Questions? Contact danarakinic@gmail.com. **Limited Space; register early!** 480-488-2286. **Cost:** \$10

Literary Salon

Not Your Typical "Book Club"

November 10, 10:00 a.m. - Noon
(2nd Thursdays)



An informal discussion of books, film and theater, led by a facilitator. No requirements to read or see any particular book, film or play. Everyone is invited to share ideas and reflections on the selected theme. **November theme: Unintended Consequences.** We'll focus on their use as a plot device, and muse about works that hinge on the unexpected outcome of intentional acts. No registration.

Chapter2Books
Great Books. Great Prices.

Inside the library
OPEN 7 DAYS

Biggest used bookstore in the North Valley!
More than 50,000 books as well as
DVDs - CDs - AUDIOBOOKS
Starting at 50 cents!

Located inside Desert Foothills Library

SPECIAL SALE!

November 12th & 13th

(2nd weekend each month)

Open 7 days a week . . . or check us out on [Amazon](https://www.amazon.com).

Donations are welcome anytime!

www.Chapter2BooksAZ.com

480-488-2777

The Civil Wars of Julia Ward by Elaine Showalter.

Everyone is welcome!

No registration.

Click here for a complete book list.

Passport?



The Library is a
Passport Acceptance Facility

Available 7 days a week!

*Call 480-488-2286 or click **here for details.***

Appointments essential.

Amazon Smile



Amazon will donate 0.5%

of your eligible purchases

to the Desert Foothills Library Association.

CLICK HERE TO JOIN

Quick Links



Printable Events Calendar



Digital Library Catalog

Online Tools & Research

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Zinio

Digital Newstand



The world's largest digital newsstand is available now. Enjoy a huge array of popular magazines online.

[Visit our website to access Zinio.](#)

freegal



[for Free music downloads!](#)

Use your library card to download up to five music tracks each week to your computer -- free!

DRM-free: once downloaded, they will not expire. Follow the image above and click on the "Freegal" button on the right side of the page.

Rocket Languages

Estate Planning Don't Make Your Family Fill in the Blanks

Thursday, November 17, 3 - 4 p.m.



Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a **free Estate Planning Workshop**, providing a small group setting for participants to learn the essentials of developing an estate plan. A solid plan is essential to make sure your family is not left filling in the blanks. Participants will learn:

- Powers of Attorney - why they are important and what you should have in them
- Probate - what it is and how to avoid it
- Trusts - what it is and how is it different from a Last Will and Testament
- Taxes - who has estate or inheritance tax
- Beneficiary designations - why these need to be updated

Participants have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment.

Register: 480-488-2286.

Cinematic Reflections on WWII

Little Known Stories of the War

November 18, 3 - 5 p.m. (3rd Fridays)

World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war -- stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. A post-film discussion, facilitated by Gary Zaro, faculty WWII expert from Paradise Valley Community College (PVCC), will follow. **This month:** *The Counterfeiters* (98 min.). **Register:** 480-488-2286.



Crafty Card Making

Saturday, November 19, 10:30 a.m. - 12:30 p.m.



We'll make cards for every season, every reason! Join in the fun with Card Maker Melissa Sunde, who will have all the supplies cut and ready, and will help guide you in making 3 greeting cards. You'll learn new stamping techniques and how to use all kinds of new supplies. Don't worry if you feel you are not creative - it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3. **Registration Required by Wednesday, November 16, to allow time for preparing class supplies: 480-488-2286.**

Cost: \$15.00

The Happy Hookers

November 28, 1 - 3 p.m.
(4th Mondays)



Do you knit, crochet, or practice another needle or table craft? Join The Happy Hookers monthly for companionable creating and conversation! No registration.

Adult & Teen Holiday Foodie Event

Saturday, November 19, 1 - 3 p.m.



Adults and Teens, ages 13 and up, learn how to make delicious chocolate truffles for gift-giving. We will demo some pretzel treats, make peppermint bark, and take home recipes. Bring a tin, to put your goodies in! Registration is limited. **Register:** 480-488-2286. **Cost:** \$9

Nativities of the World Exhibit

Saturday and Sunday,
November 26 and 27



Hundreds of nativities on display during library hours. *Sponsored by the Foothills Food Bank and Resource Center.* Admission is free, but a non-perishable food or cash donation is requested.



*Interested in learning a new language? Try **Rocket Languages** in our Digital Library! Online, interactive audio, easy to use, free, on-line tutors available! 12 languages available.*

Culture Pass



FREE passes to arts and culture venues in metro Phoenix! (Desert Botanical Gardens, Science Center, Art Museums, to name a few!). Limited availability - you must personally check the display when you visit.

Now available at DFL

FAX Service



Donating Members: FREE!

Cardholders: per page... \$1 local; \$1.50 long distance (US only)

Shop & Dine to Fund the Library!



3 Easy Ways to Earn for Our Group
1. Sign Up/Add Cards
2. eScrip Online Mall
3. eScrip Dining by Rewards Network
Click to learn how!

MAHJONG



MAHJONG FUNDRAISER

Saturday, November 12, 9:15 a.m. - 4:00 p.m.
*Lunch Buffet! Raffles & Prizes! Game Surprises! High Point Cash Prize Winners!*Limited seating, first come first served. All proceeds benefit the Desert Foothills Library. For application and questions please email Andrea Korff at mandakorff@cox.net.

Registration deadline is November 1st.

Cost: \$60 pre-paid

2-Day Refresher Course

November 2, 9:00 a.m. - Noon
& November 3, 1 - 4 p.m.

Tips/Strategies and increasing speed and odds for winning!
Limited space. **Register** with Andrea Korff at 480-650-5199.

Cost: \$40

Mahjong Club

Every Tuesday, 1 - 4 p.m.

Must have basic knowledge of the game. Limited space. **Registration required:** contact Club Director Andrea Korff at mandakorff@cox.net or 480-650-5199.

Cost: \$4 cash per session. Pay to Andrea Korff at class.



COMPUTER/TABLET CLASSES

Classes below taught by Tech4Life.
Registration Required: 480-488-2286



iPad Class 101

November 3, 9:30 - 11 a.m. (1st Thursdays)

SIGN UP JUST ONCE !

Help earn money for the library by clicking [here](#).

Food Bank Drop-off

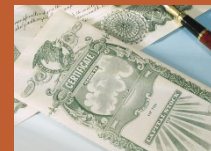


The library has partnered to feed the hungry in our community. A drop-off collection container is located by the pillar, left of the front desk.

Important

Notice !!!

Regarding Stock Donations to the Library



The Library welcomes donations of stock, and we want to properly thank those of you who give such a donation.

Did you know that stock brokerage houses will no longer release the names of those who donate?

So we have recently been unable to thank several patrons for their generosity. If you donate, would you please include your name and address?

THANK YOU!

Community Partners

Cave Creek Museum



This class will show you how to use basic features of your iPad. We will move around apps and create folders and will even go over all the buttons, screens, and settings you never knew you had! *Must bring your own Apple iPad.*

Windows 10 Overview

(No class this month)

Microsoft has a new Operating System! Come and let us show you what's new and how to use it! Even if you don't have 10 yet, come and see the new features and understand the upgrade process. Lecture; no computers provided, but you may bring your laptop with Windows 10 pre-installed.



Password Management Security 101

November 17, 9:30 - 11 a.m. (3rd

Thursdays)

Do you despise a million passwords? Worry about credit card fraud? Has someone called you about your computer being hacked? Is your data safe? Show up and we'll explain all of this and more! Lecture and Handout provided, no computers.



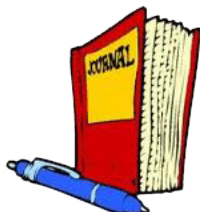
FOR WRITERS

Writers Connection

Harness the Internet for Sales over \$25,000 Per Year--I've done it and so can you!

November 4th, 1 - 3 p.m. (1st Fridays)

BookBub bestselling author Barbara Hinske shares her inside scoop on how to take advantage of Internet marketing resources to become a "midlist" author (a self-published writer whose works sell steadily and rack up more than \$25,000 annually). An attorney by day and writer by night, Barbara learned to become an expert in efficient and successful Internet self-promotion and will explain how you can become one, too. **Register:** 480-488-2286.



Journaling Classes

CC Unified School District

Desert Foothills Land Trust

Foothills Caring Corps

Foothills Community Foundation

Foothills Foodbank

Sonoran Arts League

YMCA

Membership



*Did you know that we are an independent, non-profit public library, depending on the support of individuals like you through memberships and donations for 90% of our funding? You'll enjoy additional benefits by becoming an annual member. **Join now**, for as little as \$40 individual or \$70 family!*

Will resume in January

Create a meaningful record of who you are and what your values are as a precious gift for your loved ones. Bring a journal or a notebook and pen. No writing experience required. MaryLee Simpson is a certified journal facilitator and has taught therapeutic writing for nearly 20 years. Different topic each month. **Register:** 480-488-2286.

Memoir Writing Group

Monday, November 14th,

10 - 11:30 a.m.

(2nd Mondays)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.



SPANISH OFFERINGS

Intermediate Conversational Spanish

Every Wednesday, 10:30 a.m. - Noon

Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.

Spanish Classes

All Spanish Classes below are taught by Alina Lowen, a native speaker who has taught for 30 years. Class sizes are limited.

Please call the instructor directly with questions about which class level to join, at 480-595-5500. Limited class sizes, register early! Registration required at least 2 days prior to class start: 480-488-2286.

Cost: \$45 for 5-week series.

Spanish Level 1

Wednesdays, November 9 - December 7,

9:30 a.m. - 10:30 a.m.

No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

Spanish Level 2

Wednesdays, November 9 - December 7,

10:40 - 11:40 a.m.

Spanish Level 3

Wednesdays, November 9 - December 7,
11:50 a.m. - 12:50 p.m.

Spanish Level 4

Tuesdays, November 8 - December 6,
10:40 - 11:40 a.m.

Spanish Level

5

Tuesdays, November 8 - December 6,
11:50 a.m. - 12:50 p.m.

ONGOING HEALTH & FITNESS CLASSES

Guided Meditation

November 1st & 15th, 4:30 - 5:30 p.m.
(1st and 3rd Tuesdays)

In this practice, we lie on the floor with closed eyes and relax in the space just before sleep. *Please bring a yoga mat or blanket.* **Registration required:** Contact instructor Judith Zeiger 480-760-5645 or jazeiger@gmail.com.

RELAX

Cost: \$5 cash, pay to instructor at each class.

Medical Qigong Series with LauRha Frankfort

November 14th, 1 - 2 p.m. (2nd Mondays)



Learn simple, beneficial movements and techniques, and find relief from many medical conditions.

Register: 480-488-2286.

Cost: \$5 cash, pay to instructor at each class.

Gentle Yoga

Every Sunday, 11:30 a.m. - 12:30 p.m.

(No class November 20 & 27)

This slow-paced class focuses on breathing, gentle yoga poses, and stretching to increase flexibility and balance. *Please bring a yoga mat.* **Registration**

required: Contact instructor Sylvia Labrado 480-776-



4743 or agelessyogaaz@gmail.com.

Cost: \$8 cash, pay to instructor at each class.

Pilates for Beginners

Thursdays, November 3 - December 22,
Noon - 1 p.m.

(6-week series, **no class November
10 or 24**)



Mat class will include whole body exercises that promote core strength, flexibility, balance and coordination. Workout is appropriate for individuals with osteoporosis. Small props will be provided.

Please bring a yoga mat. Limited class size. Questions? Contact instructor Michelle Gavura (Certified Polestar Pilates Rehab Practitioner) at 602-295-4702 or mgptpilates@gmail.com.

Registration Required: 480-488-2286

Cost: \$60 for a 6-week series

Qigong/Tai Chi Easy

Every Friday

REGULAR Class 8:45 - 9:45 a.m.

GENTLE Class 10 - 10:30 a.m.

A discipline that can be practiced and benefits gained at any age - you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing and repeated gentle motions and stretches to improve health, balance, agility and flexibility. "Gentle class is for anyone who wants to take it extra slow and easy. Wear loose clothing and bare feet. **Registration Required:** Contact instructor Bina Bou 480-284-1300 or bina.b75@gmail.com



Cost: Prepay instructor \$35 cash for 5 classes; or \$10 drop-in.

MONTHLY SUPPORT GROUPS

Led by Hospice of the West facilitators. No registration.



Caring for the Caregiver

Monday, November 7th,

10 - 11:30 a.m. (1st Mondays)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

"The Healing Pathway"

After the Loss of a Spouse or Partner

November 14th & 28th, 9:30 - 11 a.m.

(2nd and 4th Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.

Monday Movies

Every Monday, 3 - 5 p.m.



New releases with a foreign film once each month!

We strive to bring you only the latest films. Due to uncertainty about release dates, please check our website at

www.dfla.org/calendar for current listings and updates.



[For a complete calendar of adult & youth events & classes, click here.](#)

[For a printable version of our monthly adult events brochure, click here and look for the link at the bottom of the page.](#)



at the heart of our community

Desert Foothills Library, 38443 N. Schoolhouse Road, P.O. Box 4070, Cave Creek, AZ 85327