

Adult Events & Classes

January 2018

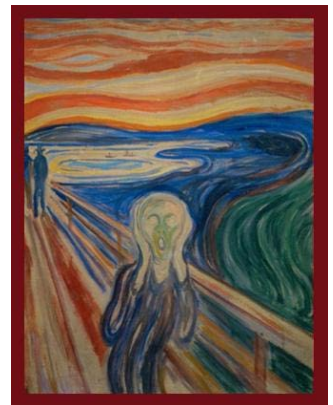
Free Events - Except where noted



A Fine Madness

Wednesday, January 3rd, 11 a.m. - Noon

Legends of the mad genius and tortured artist fill the pages of art history. Are all artists on the edge of insanity? Delve into the lives of ten artists who faced mental illness throughout their lives. Take a 500 year journey from the brooding of Michelangelo to the bizarreness of Dali to see how abnormal psychology changed the art world, and how art can heal the soul. Artists covered are: Michelangelo, Caravaggio, Bernini, Goya, Turner, Van Gogh, Munch, O'Keeffe, Rothko, and Dali. Presented by Lisa White, docent of *The Phoenix Art Museum*. **Register:** 480-488-2286.



Detoxification

Achievable Resolution to Your New Year

Wednesday, January 10th, 10:30 - 11:30 a.m.



Poor skin, fatigue, irregular digestion, weight gain, and the increase in the need for medication -- are just some of the ways that show how toxic our bodies have become. We breathe toxins in our air, drink toxins in our water, ingest toxins through our food, and even absorb toxins through our skin with the products we use. Enjoy a live demonstration, informative discussion, and **SAMPLE** three easy ways to detoxify and allow our body to heal, repair, and shed excess weight. Presenter Haley Cloud is a raw Vegan Chef, personal coach and author. For more information, visit www.LivingRawByGrace.com. **Register:** 480-488-2286.

Cost: \$10

Wildenstein and Rosenberg Fortunes and their Legacy
An Unbelievable Story about two art dealers with galleries in Paris and New York City, one who hated the Nazis, and one

who dealt with them, and got rich...

Saturday, January 13th, 10:30 a.m. - 12:30 p.m.



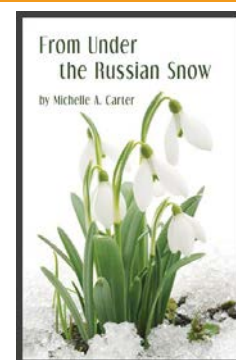
Last Year a door opened on the secret history of the art world's richest and most powerful family, the Wildensteins of Paris and New York City. From the accusations they collaborated with the Nazis, to the legendary contents of their bank vaults in New York and Switzerland, this story explores three generations of a secretive art-dealing dynasty whose \$5 billion fortune, Gulf Stream IV, racing stable, 66,000 acre ranch in Kenya, and mansions and galleries in Paris and New York City cannot erase the rancorous legacy handed down from father to sons and grandsons. This true story is waiting to be a movie. Mary F. Cook will tell the story. She is a member of the **International Foundation for Art Research**, and lectures on the subject of

Art Theft and Fraud. *All proceeds benefit the Library.* **Register:** 480-488-2286. **Cost:** \$6

From Under the Russian Snow

Thursday, January 18th, 10 - 11:30 a.m.

Author Michelle Carter will discuss her second book, *From Under the Russian Snow*, a memoir of the remarkable and challenging year she served as the USIA's Journalist-in-Residence in Russia, midwifing newspaper professional through the birth of an independent press in the post-Soviet, pre-Putin bubble of freedom. Books will be available at \$25 cash for hard cover (or \$14.95 for paperbacks) Part of the proceeds of book sales will be donated to the Library by the author. **Register:** 480-488-2286.



Vision Board Party

Saturday, January 27th, 10:30 a.m. - 3 p.m.

A vision board is a collage representing things you would like to attract to your life. We will begin with a short guided meditation to get grounded - clear of our intentions and dreams for 2018. Please be punctual as to not disturb the group meditation. You'll cut pictures and phrases out of our huge assortment of magazines (or your own magazines and photos). Glue the images and words onto a piece of poster board and place it somewhere you can see it on a regular basis -- then watch the magic happen! **A special bonus:** enjoy a lesson in using the power of Feng Shui on your vision board with Ro Rusnock, owner of Elements and Energy. **BRING:** poster board (maximum size 22 x 28) glue sticks and scissors (labeled with your initials). **BRING To Share:** Yummy and healthy lunch item. **We will provide:** magazines, water and iced tea, plates, utensils. Limited seating. **Register:** 480-488-2286. **Cost:** \$25.



Tango

The Art History of Love

Tuesday, January 30th, 1 - 2 p.m.

"The dance that teaches the world to love and live in the idiom of Buenos Aires."

This presentation hopes to spread the joy of social Argentine tango. Somatic Brain Health Coach, Judah Page, takes you on a journey through tango's cultural origins. From Africa to Europe, on the shores of the port cities of South America, to tango's evolution that gave rise to its popularity around the globe. She explains how tango is not just a dance of the body but also an expression of the soul and how this art has the power to transform individual lives. Judah aims to intrigue and delight all who are fascinated by tango's beauty and mystery. For more information, visit www.tangowisdom.com. **Register:** 480-488-2286.



Named "Best of Phoenix, [Best Library in the Valley](#)" in 2014.

Support your community! The Library is a non-profit, funded by donations. Ask about the benefits of membership and volunteering.

Teen Tech Help Desk

Saturday, January 13th & 27th, 10 a.m. - 1 p.m.

Contact Brandon Holmes: 480-695-2638

Sunday, January 14th & 28th, 11

a.m. - 1 p.m.

Contact Bo Manuszak:

manuszakbo@yahoo.com

Get help with e-mail accounts, apps, downloading e-books, setting up devices, Windows 10, websites & more! Bring your device or use a library computer to get your questions answered. Contact Brandon or Bo for more information. No appointments needed; 1st-come, 1st-served.



Library Closings

January 1st & 15th

due to New Year's Day and
Martin Luther King Day

Library Hours

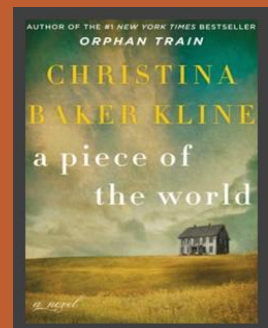
Monday-Friday

9am-6pm

Saturday 10am-4pm

Sunday 11am-3pm

Library Book Club



January 11, 10 - 11:30 a.m.

Music @ the Movies

January 4th, 2 - 5 p.m. (1st Thursdays)



Beauty and the Beast: An American musical, romantic fantasy adaptation of the fairy tale about a monstrous-looking prince and a young woman. Belle (Emma Watson), a bright, beautiful and independent young woman, is taken prisoner by a beast (Dan Stevens) in its castle. Despite her fears, she befriends the castle's enchanted staff and learns to look beyond the beast's hideous exterior, allowing her to recognize the kind heart and soul of the true prince that hides on the inside. 139 min. Hosted by Music Enthusiast Annis Scott. No Registration.

Employee Financial Crimes

Saturday, January 6th, 10:30 - 11:30 a.m.



Jo-Ann M. Humphrey has an international credential for the detection and prevention of financial crimes. She helps businesses protect themselves from the devastating effects of various types of financial crime.

- Tax Saving Solution for Medical Expenses
- Protecting growth for Self Employed Business Owners

Register: 480-488-2286.

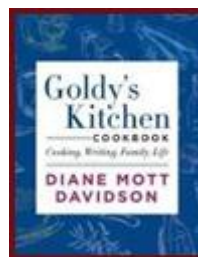
The Literate Foodie Club

January 8th, 12:30 - 2:30 p.m.

(2nd Monday this month only)

Love food, books, cooking and conversation? We will explore all these and more. **January Topic:** *Goldy's Kitchen Cookbook: Cooking, Writing, Family, Life* by Diane Mott Davidson. Feel free to bring/discuss your own favorite Diane Mott Davidson culinary mystery. Facilitated by Dana Rakinic. Questions? Contact danarakinic@gmail.com. **Register:** 480-488-2286.

Cost: \$10.



(2nd Thursday)

A Piece of the World
by Christina Baker Kline

Everyone is welcome!

No registration.

For a complete list of discussion titles, click here.

Passport?



The Library is a
Passport Acceptance Facility

Available daily!

Appointments essential.
Call 480-575-3201 or click here for details.

Amazon Smile



Amazon will donate 0.5% of your eligible purchases to the Desert Foothills Library Association.

CLICK HERE TO PURCHASE

Quick Links

Around the World in 9 Films the Best in International Cinema

January 12th, 1 - 3 p.m. (2nd Fridays)



Movies are a great way to learn about different cultures -- how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same time, linking a thread of humanity that stretches across the globe. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. **This Month:** *Coming Home* (109 min.).

China.

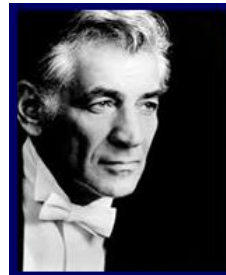
Register: 480-488-2286.

Music Appreciation @ the Library

Fridays, January 12th & 26th, 4 - 5:30 p.m.

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history. **Register:** 480-488-2286

- January 12: "A Bernstein Celebration... it is the composer's 100th Birthday year"
- January 26: A look at Wagner's "Siegfried Idyll" and Richard Strauss' Tone Poem, "Don Juan"



Inside the library

OPEN 7 DAYS

Chapter2Books
Great Books. Great Prices.

Biggest used bookstore in the North Valley!
More than 15,000 books as well as DVDs - CDs - AUDIOBOOKS
Starting at 50 cents! Located inside Desert Foothills Library

SPECIAL SALE!

January 12, 13, & 14th
(2nd weekend each month)

Check us out on **Amazon**.

Donations are welcome anytime!

www.Chapter2BooksAZ.com



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[Digital Library Catalog](#)

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The world's largest digital newsstand is available now. Enjoy a huge array of popular magazines online.

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freegal



Free music downloads you can keep forever!

~~~~~  
*Use your library card to download up to five music tracks each week to your computer -- free!*

*DRM-free: once*

480-488-2777



## Crafty Card Making

Saturday, January 13<sup>th</sup>,  
10:30 a.m. - 12:30 p.m.



We'll make cards for every season, every reason! Join in the fun with Card Maker Melissa Sunde, who will have all the supplies cut and ready, and will help guide you in making 3 greeting cards. You'll learn new stamping techniques and how to use all kinds of

new supplies. Don't worry if you feel you are not creative - it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3. Questions? Call 480-392-1040 or email [melissasunde@gmail.com](mailto:melissasunde@gmail.com). **Registration Required by Wednesday, January 10**, to allow time for preparing class supplies: 480-488-2286. **Cost: \$20.00.**

*downloaded, they will not expire. Follow the image above and click on the "Freegal" button on the right side of the page.*

## Rocket Languages

**Choose from  
13 languages**



*Learn to speak a language online today! All you need is a **free** Desert Foothills Library Card to get started. Visit our **Digital library at DFLA.org**. With our comprehensive multi-media packages you will be speaking and improving your language skills with every lesson by taking part in the modern, everyday conversations that make up our Interactive Audio Course.*

## Literary Salon

### Not Your Typical "Book Club"

January 18<sup>th</sup>, 10 a.m. - Noon (3<sup>rd</sup> Thursdays)

**January Topic:** *Characters We Love to Hate and Hate to Love.* What makes some characters utterly detestable and others charmingly reprehensible? We will explore the psychology of characters in literature and film who use manipulation and power as a means to their unscrupulous ends. Discussion led by Andrea Markowitz. No Registration.



## Culture Pass



*FREE passes to arts and culture venues in metro Phoenix! (Desert Botanical Gardens, Science Center, Art Museums, to name a few!). Limited availability - you must personally check the display when you visit. **Now available at DFL***

## FAX Service

# Cinematic Reflections on WWI

## The 100<sup>th</sup> Anniversary

January 19<sup>th</sup>, 3 - 5 p.m. (3<sup>rd</sup> Fridays)



Inevitable, but also easily avoidable, World War I is one of the most tragic and unique wars in history. This series will highlight films that define the triumphs, tragedies, innovations, and sacrifices in what was hailed as 'The War to End All Wars.' WWI will ultimately cause WWII and shape the entire 20th Century. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. **This month:** *Beneath Hill 60* (120 min.).

**Register:** 480-488-2286.

## Craft N Chat

January 22<sup>nd</sup>, 1 - 3 p.m.  
(4<sup>th</sup> Mondays)

Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill levels are always welcome! No registration.



## How Women, Widows, and Couples Can Increase Income & Reduce Taxes

Wednesday, January 24<sup>th</sup>, 10:30 a.m. - 12:30 p.m.



- Create a larger retirement income you can't outlive
- Decrease financial worries and stock market losses
- Help send grandkids to college
- Research on women's financial concerns

Presented by Dr. Harold Wong, PhD Economics (UC Berkeley), the long-time financial columnist for The AZ Republic. **Register:** 480-488-2286.



*Donating Members:*  
**FREE!**

*Cardholders:*  
*per page... \$1 local;*  
*\$1.50 long distance*  
*(US only)*

## Shop & Dine to Fund the Library!

Shop at the eScrip Online Mall to earn \$\$ for the Library



**SIGN UP JUST ONCE!**  
Help earn money for the library by clicking [here](#).

## Food Bank Drop-off



### Foothills Food Bank

The library has partnered to feed the hungry in our community. A drop-off collection container is located by the pillar, left of the front desk.

## Important Notice

### Stock Donations to the Library



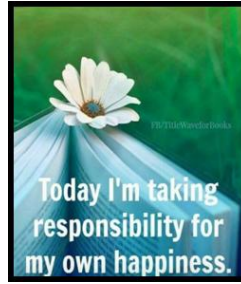
The Library welcomes donations of stock, and we want to properly thank those of you who give such a donation.

# Creating Gladitude

Saturday, January 27<sup>th</sup>, Noon - 2 p.m.

Digging deep doesn't mean you have to get and keep your hands dirty. Get involved with what's making and keeping you stuck. Author & Life Coach, Raleigh Pinskey, helps you establish credibility, prosper, and even surpass your goals. Questions? Call 480-488-4840 or [raleigh@creatinggladitude.com](mailto:raleigh@creatinggladitude.com). **Registration Required: 480-488-2286.**

**Cost: \$8**



*Did you know that stock brokerage houses will no longer release the names of those who donate?*

*So we have recently been unable to thank several patrons for their generosity. If you donate, would you please include your name and address?*

**THANK YOU!**

## Community Partners



Cave Creek Museum

CC Unified School District

Desert Foothills Land Trust

Foothills Caring Corps

Foothills Community Foundation

Foothills Foodbank

Sonoran Arts League

YMCA

## Membership



*Did you know that we are an independent, non-profit public library, depending on the support of individuals like you through memberships and donations for 90% of our*



# MAHJONG

Mahjong Club & Classes  
**CANCELLED**

# COMPUTER/TABLET CLASSES

*Class below taught by Tech4Life. Registration Required: 480-488-2286*



## Home Automation

January 4<sup>th</sup>, 9:30 - 11 a.m. (1<sup>st</sup> Thursdays)

Amazon Echo, Google Home, Nest, Wink, Video. Unlock your doors, close the garage, change the temp, be notified of water leaks, see AND talk to someone at your door from ANYWHERE! Experience real practical applications of today's products.



## Password Management & Security 101

January 25<sup>th</sup>, 9:30 - 11 a.m. (4<sup>th</sup> Thursdays)



Frustrated with a million passwords? Worry about credit card fraud? Has someone called you about your computer being hacked? Is your data safe? Show up and we'll



explain all of this and more! Lecture and Handout provided, no computers.

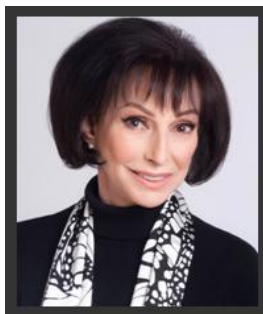
## FOR WRITERS

### Writers Connection

#### Researching the Roots of Your Story

January 5<sup>th</sup>, 1 - 3 p.m. (1<sup>st</sup> Fridays)

Marcia Fine, award-winning author of seven novels and an international speaker, shares how to research historical fiction novels. In four of her novels, Marcia has done extensive research about the time period, settings, real-life characters, textiles, food, geography and beliefs. She's written about 1950s Miami, contemporary Paris, Poland in the 1920s, NYC in the 1930s, Spain and Portugal in the late 1400s and Mexico in the 1600s. Where does she find her facts?



How does she know they are true? Where **does** inspiration come from? Marcia will share the secrets of rooting out the history of your story. Facilitated by Sherry Kesling. **Register:** 480-488-2286.

*funding? You'll enjoy additional benefits by becoming an annual member. **Join now** for as little as \$40 individual or \$70 family!*

### **VOLUNTEER!**



### **Looking for a Fulfilling Volunteer Opportunity?**

Join the **Desert Foothills Library** and make a real impact! Volunteers are needed at the Library and Chapter2Books. Shifts are generally 3 to 4 hours and available for all days of the week; volunteers will be fully trained. To apply, contact Library Manager Terri Engebretson at [tengebretson@dfla.org](mailto:tengebretson@dfla.org) or 480-488-2286.

## Remembering our Stories

### - A Writing Group

January 4<sup>th</sup>, 9:30 - 11 a.m. (1<sup>st</sup>

Thursdays)

Experience connection and get inspired in a writing group that will nurture your heart and spirit, as well as spark your creativity. Absolutely no writing experience needed! Questions? Contact Life and Wellness Coach, Sharon Spector, at (512) 460-9108. **Register:** 480-



488-2286.

## Memoir Writing Group

January 8<sup>th</sup>, 10 - 11:30 a.m. (2<sup>nd</sup>

Mondays)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.



## SPANISH OFFERINGS

## Intermediate Conversational Spanish

Every Wednesday, 10:30 a.m. - Noon

Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.



## Spanish Classes

*All Spanish Classes below are taught by Alina Lowen, a native speaker who has taught for 30+ years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-595-5500. Limited class sizes, register early! **Registration required at least 2 days prior to class start: 480-488-2286.** Cost: \$54 for 6-week series.*

### Spanish Level 1

**Wednesdays, January 10<sup>th</sup> - February 14<sup>th</sup>, 9:30 - 10:30 a.m.**

No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

### Spanish Level 2

**Wednesdays, January 10<sup>th</sup> - February 14<sup>th</sup>, 10:40 - 11:40 a.m.**

### Spanish Level 3

**Wednesdays, January 10<sup>th</sup> - February 14<sup>th</sup>, 11:50 a.m. - 12:50 p.m.**

### Spanish Level 4

**Tuesdays, January 9<sup>th</sup> - February 13<sup>th</sup>, 10:40 - 11:40 a.m.**

### Spanish Level 5

**Tuesdays, January 9<sup>th</sup> - February 13<sup>th</sup>, 11:50 a.m. - 12:50 p.m.**

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## ONGOING HEALTH & FITNESS CLASSES

### Guided Meditation

January 3<sup>rd</sup>, 2 - 3 p.m. (1<sup>st</sup>

Wednesdays)



In this practice, we lie on the floor with closed eyes and relax in the space just before sleep.

*Please bring a yoga mat or blanket. **Registration required:** Contact*

instructor Payton Cooper at 480-563-1142 (new phone number) or [studiomagic@cox.net](mailto:studiomagic@cox.net).

**Cost:** \$6 cash, pay to instructor at each class.

## Qigong/Tai Chi Easy

Every Friday, 8:45 - 9:45 a.m.

A discipline that can be practiced and benefits gained at any age - you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing and repeated gentle motions and stretches to improve health, balance, agility and flexibility. Wear loose clothing and bare feet. **Registration Required:**

Contact instructor Bina Bou: 480-284-1300 or [bina.b75@gmail.com](mailto:bina.b75@gmail.com)

**Cost:** prepay instructor \$40 cash for 5 classes; or \$10 drop-in.



## Gentle Yoga

Every Sunday, 11 a.m. - Noon

You are only one yoga class away from a good mood! Yoga for Every Body: through a slow flow of controlled poses you'll begin strengthening your heart and bones, improving balance, and sharpening the mind. *Please bring a yoga mat and light blanket.* **Registration Required:**

Contact instructor, Marina Kachur, at 480-510-6572 or [mkachur01@hotmail.com](mailto:mkachur01@hotmail.com).

**Cost:** \$8 cash, paid to instructor at each class.



## Restorative Yoga

Every Thursday, Noon - 1 p.m.

Great for beginners! Improve your ease of movement, flexibility, breathing and meditation. *Please bring a yoga mat and light blanket.* **Registration Required:**

Contact instructor Elizabeth Boisson: 480-363-5275 or [evboisson@yahoo.com](mailto:evboisson@yahoo.com).

**Cost:** \$8 cash, pay to instructor at each class



## Natural Body Movement

Every Sunday, 1 - 2 p.m. (no class 1/21)

Classes are a gentle approach to movement. Emerging from mindfulness, learn to trust the bodies sensations while increasing strength, flexibility and mental clarity. Release stress, tension and chronic pain. *Please bring a light blanket.* **Registration required:** Contact instructor Judah Page: 602-931-2865 or [judah.page@gmail.com](mailto:judah.page@gmail.com).

**Cost:** \$10 cash, pay instructor at each class



# MONTHLY SUPPORT GROUPS

**Led by Hospice of the West facilitators. No registration.**

## Caring for the Caregiver

January 2<sup>nd</sup>, 10 - 11:30 a.m.

(1<sup>st</sup> Tuesday this month only)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.



## "The Healing Pathway"

### After the Loss of a Spouse or Partner

January 8<sup>th</sup> & 22<sup>nd</sup>, 9:30 - 11 a.m.

(2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.

## Monday Movies

Every Monday, 3 - 5 p.m.

New releases with a foreign film once each month.

We strive to bring you only the latest films. Due to uncertainty about release dates, please check our website at [www.dfla.org/calendar](http://www.dfla.org/calendar) for current listings and updates.



- Jan 1 - Library closed
- Jan 8 - *Victoria & Abdul* starring Judi Dench. Rated PG-13
- Jan 15 - Library closed
- Jan 22 - TBD
- Jan 29 - *Goodbye Christopher Robin* starring Margot Robbie and Domhnall Gleeson. Rated PG.

## SAVE the DATE!!!





Monday, May 7, 2018

Desert Foothills Library  
Golf Tournament

Desert Foothills Library  
*Discover • Connect • Belong*

# BLOCK PARTY

Fun, Fun, Fundraiser!

Sunday, March 25, 2018  
1 - 4 pm

**SAVE THE DATE**



created by Freepik

38443 N Schoolhouse Rd • Cave Creek, AZ  
480-488-2286 • [www.dfla.org](http://www.dfla.org)


**DESERT FOOTHILLS LIBRARY**  
Discover • Connect • Belong



[\*For a complete calendar of adult & youth events & classes, click here.\*](#)



at the  
heart  
of our  
community



Desert Foothills Library, 38443 N. Schoolhouse Road, P.O. Box 4070, Cave  
Creek, AZ 85327