

Adult Events & Classes

November 2017

Free Events - Except where noted



Lifelong Vitality Happy Hour

Thursday, November 9th, 4 - 5 p.m.

Mingle and meet new friends. Singles and couples welcome! Phyllis Strupp, award-winning author and brain training expert, will briefly speak about the A-B-Cs of brain health and the best forms of brain training to improve neuroplasticity and get better with age. Her latest book is *Better with Age: The Ultimate Guide to Brain Training*. Learn more at www.phyllisstrupp.info. Q & A to follow. Complimentary wine and cheese platter will be included in this delightful gathering. RSVP requested for planning; space is limited. **RSVP:** 480-488-2286.



Sketching & Drawing 2 - Part Series

Monday, November 13th & 20th, 10 a.m. - Noon

Get your artistic juices going! This is not "Art for Art's Sake." Roberta Kritzia, noted Art Instructor, will introduce the group to a Classical approach to Rendering in Fine Art. Don't put this off...it's better than therapy and you can't buy the feeling of creativity at the pharmacy.

Register: 480-488-2286 **Cost:** \$39 (includes materials).

Life-Giving Chocolate

Thursday, November 16th, 2 - 3 p.m.



Do you ever feel guilty about eating chocolate? Would you like to enjoy chocolate regularly but are worried about your health and/or your figure? Learn more about the history of Chocolate and Cacao, and how to easily prepare it in order to receive its amazing benefits and improve your health! Enjoy a live demonstration and Chocolate Truffle samples with Presenter Haley Cloud, raw Vegan Chef, personal coach and author. For more information, visit www.LivingRawByGrace.com. **Register:** 480-488-2286.
Cost: \$10



Cinematic Reflections on WWI

The 100th Anniversary

Anniversary

November 17th, 3 - 5 p.m. (3rd Fridays)

Inevitable, but also easily avoidable, World War I is one of the most tragic and unique wars in history. This series will highlight films that define the triumphs, tragedies, innovations, and sacrifices in what was hailed as 'The War to End All Wars.' WWI will ultimately cause WWII and shape the entire 20th Century. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow.
This month: *The Sinking of the Lusitania: Terror at Sea*. (90 min.). **Register:** 480-488-2286.

Antiques in the Lodge

The Folk Art of American Fraternal Societies

Saturday, November 18th, 11 a.m. - Noon

Join us for a unique presentation on antiques and folk art once used by American Fraternal Societies (Odd Fellows, Freemasons, Elks, etc.). The focus will be on the significant role played by these Societies in the United States during the 1800's and early 1900's, not only in fostering moral values and providing opportunities for their members to socialize, but also as providers of medical care and a retirement safety net for their membership. To illustrate the talk, real objects used in lodge meeting halls and in public parades will be shared from the personal collection of Greg Hoffman, a local antique aficionado. **Register:** 480-488-2286.





Nativities of the World Exhibit

Saturday and Sunday, November 25th and 26th

Hundreds of nativities on display, during library hours. Sponsored by the Foothills Food Bank and Resource Center. Donations of canned goods are welcome! For more information, contact the organizers at KPNativities14@gmail.com.

Judith

Changing Views of a Jewish Hero

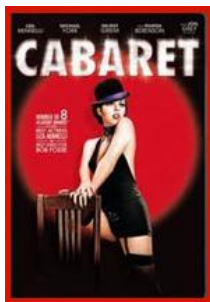
Thursday, November 30th, 10:30 -11:30 a.m.

We will look at paintings, sculptures and other depictions of the Orthodox Christian Old Testament story of Judith and Holofernes, from the 1100s to the present time, to see how different the same story can be in the hands of different artists. Sometimes the differences are due to changing styles through art history and sometimes they are due to changing views of women. Presented by Lisa Spahr, docent of *The Phoenix Art Museum*. **Register:** 480-488-2286.



Named "Best of Phoenix, [Best Library in the Valley](#)" in 2014.

Support your community! The Library is a non-profit, funded by donations. Ask about the benefits of membership and volunteering.



Music @ the Movies

November 2nd, 2 - 5 p.m.

(1

st Thursdays)

Cabaret: A female girlie club entertainer in Weimar Republic era Berlin romances two men while the Nazi Party rises to power around them. Starring Liza

Minelli. 124 min. Hosted by Music Enthusiast Annis Scott. No Registration.

Library Closings

November 23rd

Thanksgiving

Library Hours

Monday-Friday

9am-6pm

Saturday 10am-4pm

Sunday 11am-3pm

Library Book Club

Estate Planning

Don't Make Your Family Fill in the Blanks

Cost: \$10

Business Continuation and Exit Strategies

Tuesday, November 7th, 4:30 - 5:30 p.m.



Jo-Ann M. Humphrey a Private Wealth Advisor with Lincoln Financial Advisors Corp, a broker-dealer (member SIPC) and registered investment advisor fosters a team environment to establish a milieu of collaboration and solidarity to bring positive change to individuals and business owners. By implementing solutions attained through intense analytical and research skills, Jo-Ann helps

business owners clarify and toward reaching their goals.
Lincoln Financial Advisors Corp:

- Understanding the depth of your business plan.
- Discussing ways to improve business plans and toward reaching their goals.
- The consequences of not having a business plan: effects on yourself, family, employees and the community.

CRN-1891828-090817

Register: 480-488-2286

Inside the library

OPEN 7 DAYS

Chapter2Books
Great Books. Great Prices.

Biggest used bookstore in the North Valley!
More than 15,000 books as well as DVDs - CDs - AUDIOBOOKS
Starting at 50 cents! Located inside Desert Foothills Library

SPECIAL SALE!

November 10, 11, & 12th
(2nd weekend each month)

Check us out on Amazon.

Donations are welcome anytime!

www.Chapter2BooksAZ.com

480-488-2777



Amazon will donate 0.5% of your eligible purchases to the Desert Foothills Library Association.

CLICK HERE TO PURCHASE

Quick Links



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[Digital Library Catalog](#)

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Digital Newstand



The world's largest digital newsstand is available now. Enjoy a huge array of popular magazines online.

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freegal

Around the World in 9 Films the Best in International Cinema

November 10th, 1 - 3 p.m. (2nd Fridays)

Movies are a great way to learn about different cultures -- how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same time, linking a thread of humanity that stretches across the globe. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. **This Month:** *The Lunchbox* (104 min.). India. **Register:** 480-488-2286.



***Free music downloads
you can keep forever!***

~~~~~  
*Use your library card  
to download up to five  
music tracks each week to  
your computer -- free!*

*DRM-free: once  
downloaded, they will not  
expire. Follow the image  
above and click on the  
"Freegal" button on the  
right side  
of the page.*

## Music Appreciation @ the Library

Friday, November 10<sup>th</sup>, 4:00 -  
5:30 p.m.  
(2<sup>nd</sup> Friday)



Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history.

**Register:** 480-488-2286

**Topic:** *"What is a classical concerto and why are they so special?"*  
We will hear examples of a piano, a horn, a woodwind, and two string concertos: all masterpieces of the genre."

## ***Rocket Languages***

***Choose from  
13 languages***



*Learn to speak a language  
online today! All you need  
is a **free** Desert Foothills  
Library Card to get  
started. Visit our **Digital  
library at DFLA.org.**  
With our comprehensive  
multi-media packages you  
will be speaking and  
improving your language  
skills with every lesson by  
taking part in the modern,  
everyday conversations  
that make up our  
Interactive Audio Course.*

## Medicare Drop-In Clinic

Saturday, November 11<sup>th</sup>, 10:30 a.m. - 1:30 p.m.

Do you have questions about reviewing your current coverage? AHCCS (Medicaid) or how to apply for extra help with prescriptions? Whether to get a supplement or Medicare advantage? Licensed Insurance Agent, Debra Sahlin, who specializes in senior products will be available to answer all your questions and more, for free! No Registration.



Literary Salon  
*Not*

***Culture Pass***

## Your Typical "Book Club"

November 16<sup>th</sup>, 10:00 a.m. -  
Noon  
(3<sup>rd</sup> Thursdays)



**November Topic:** *Women Authors.* Who are some of your favorite writers and why? Examples include *The Good Earth* by Pearl S. Buck, *Beloved* by Toni Morrison and the *Outlander* series by Diana Gabaldon. No

Registration.

## Crafty Card Making

Saturday, November 18<sup>th</sup>, 10:30 a.m. - 12:30 p.m.

We'll make cards for every season, every reason!

Join in the fun with Card Maker Melissa Sunde, who will have all the supplies cut and ready, and will help guide you in making 3 greeting cards.

You'll learn new stamping techniques and how to use all kinds of new supplies. Don't worry if you feel you are not creative - it's a class for everyone!

Bring double-sided adhesive tape, or purchase at the class for \$3. Questions? Call 480-392-1040 or email [melissasunde@gmail.com](mailto:melissasunde@gmail.com).

**Registration Required by Wednesday, November 15,** to allow time for preparing class supplies: 480-488-2286.

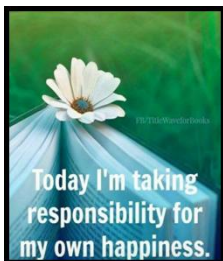
**Cost:** \$20.00.



## Creating Glatitude

Saturday, November 25<sup>th</sup>, Noon - 2  
p.m.

(4<sup>th</sup> Saturdays)



Digging deep doesn't mean you have to get and keep your hands dirty. Get involved with what's making and keeping you stuck. See how you'll shine inside and out. Questions? Contact Life Coach, Raleigh Pinskey, at 480-488-4840 or

[raleigh@creatingglatitude.com](mailto:raleigh@creatingglatitude.com). **Registration Required:** 480-488-2286.

**Cost:** \$15

## Craft N Chat

November 27<sup>th</sup>, 1 - 3 p.m.



*FREE passes to arts and culture venues in metro Phoenix! (Desert Botanical Gardens, Science Center, Art Museums, to name a few!). Limited availability - you must personally check the display when you visit. **Now available at DFL***

## FAX Service



*Donating Members:  
FREE!*

*Cardholders:  
per page... \$1 local;  
\$1.50 long distance  
(US only)*

## Shop & Dine to Fund the Library!

Shop at the eScrip Online  
Mall to earn \$\$ for  
the Library



**SIGN UP JUST ONCE !**  
*Help earn money for the  
library by clicking [here](#).*

## Food Bank Drop-off



### Foothills Food Bank

*The library has  
partnered to feed the  
hungry in our community.  
A drop-off collection  
container is located by the  
pillar, left of the front desk.*

## Important Notice



(4<sup>th</sup> Mondays)

Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill levels are always welcome! No registration.



## Stock Donations to the Library



*The Library welcomes donations of stock, and we want to properly thank those of you who give such a donation.*

*Did you know that stock brokerage houses will no longer release the names of those who donate?*

*So we have recently been unable to thank several patrons for their generosity. If you donate, would you please include your name and address?*

**THANK YOU!**

## MAHJONG

### MAHJONG FUNDRAISER TOURNAMENT



Sunday, November 5<sup>th</sup>, 9:00 a.m. - 4:00 p.m.  
*Lunch Buffet! Raffles & Prizes! Game Surprises! High Point Cash Prize Winners!* Limited seating. This year's fundraiser will raise money to update the Interactive Boards in the Children's Corner of the Desert Foothills Library. For Other Questions & Location Information: Contact Andrea Korff at 480-650-5199 OR [mandakorff@cox.net](mailto:mandakorff@cox.net). **Cost:** \$65 pre-paid

### Mahjong Club

Every Tuesday, 1:30 - 4:30 p.m.

Must have basic knowledge of the game. Limited space.

**Registration required:** contact Club Director Andrea Korff at [mandakorff@cox.net](mailto:mandakorff@cox.net) or 480-650-5199.

**Cost:** \$4 cash per session. Pay to Andrea Korff at class.

### 4-Day Beginner's Class Series

November 6<sup>th</sup>, 9:30 a.m. - 12:30 p.m. &

November 8<sup>th</sup>, 9<sup>th</sup> & 10<sup>th</sup>, 1 - 4 p.m.

Want to learn to play Mahjong? Instructor Andrea Korff has been playing Mahjong for almost 30 years and has enthusiastically taught the game for 8. She guarantees a solid foundation for playing this exciting and challenging game. Limited Space. **Register** with Andrea Korff at 480-650-5199.

**Cost:** \$80

### 2-Day Refresher Course

#### Community Partners



Cave Creek Museum

CC Unified School District

Desert Foothills Land Trust

Foothills Caring Corps

Foothills Community Foundation

Foothills Foodbank

Sonoran Arts League



November 16<sup>th</sup> & 17<sup>th</sup>, 1 - 4 p.m.

Tips/Strategies and increasing speed and odds for winning! Limited space. **Register** with Andrea Korff at 480-650-5199.

**Cost:** \$45

## COMPUTER/TABLET CLASSES



**Class below taught by Tech4Life. Registration Required: 480-488-2286**



### Home Automation

November 2<sup>nd</sup>, 9:30 - 11 a.m.  
(1<sup>st</sup> Thursdays)

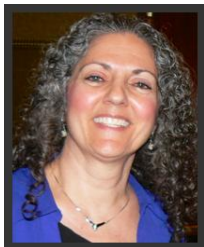
Amazon Echo, Google Home, Nest, Wink, Video. Unlock your doors, close the garage, change the temp, be notified of water leaks, see AND talk to someone at your door from ANYWHERE! Experience real practical applications of today's products.

## FOR WRITERS

### Writers Connection

#### Editing Tips to Wow a Publisher

November 3<sup>rd</sup>, 1 - 3 p.m. (1<sup>st</sup> Fridays)



This workshop details, and provides examples for, the writing issues Ann Videan changes the most in editing manuscripts for book publishers and her author clients. Any aspiring or established author with books in progress can use these vital editing techniques to make both writing and editing more vibrant and compelling. **Register:** 480-488-2286.

### Remembering our Stories

#### A Writing Group

November 2<sup>nd</sup>, 9:30 - 11 a.m. (1<sup>st</sup> Thursdays)

Experience connection and get inspired in a writing group that will nurture your heart and spirit, as well as spark your creativity. Absolutely no writing



**YMCA**

### Membership



*Did you know that we are an independent, non-profit public library, depending on the support of individuals like you through memberships and donations for 90% of our funding? You'll enjoy additional benefits by becoming an annual member. **Join now** for as little as \$40 individual or \$70 family!*

### VOLUNTEER!



**Looking for a Fulfilling Volunteer Opportunity?**

*Join the **Desert Foothills Library** and make a real impact! Volunteers are needed at the Library and Chapter2Books. Shifts are generally 3 to 4 hours and available for all days of the week; volunteers will be fully trained. To apply, contact Library Manager Terri Engebretson at [tengebretson@dfla.org](mailto:tengebretson@dfla.org) or 480-488-2286.*

experience needed! Questions? Contact Life and Wellness Coach, Sharon Spector, at (512) 460-9108. **Register:** 480-488-2286.



## Memoir Writing Group

November 13<sup>th</sup>, 10 - 11:30 a.m. (2<sup>nd</sup> Mondays)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.

## SPANISH OFFERINGS

### Intermediate Conversational Spanish

Every Wednesday, 10:30 a.m. - Noon

Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.

### Spanish Classes

*All Spanish Classes below are taught by Alina Lowen, a native speaker who has taught for 30+ years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-595-5500.*

*Limited class sizes, register early! **Registration required at least 2 days prior to class start:***



**480-488-2286.**

**Cost:** \$54 for 6-week series.

#### Spanish Level 1

Wednesdays, November 1<sup>st</sup> - December 6<sup>th</sup>, 9:30 - 10:30 a.m.

No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

#### Spanish Level 2

Wednesdays, November 1<sup>st</sup> - December 6<sup>th</sup>, 10:40 - 11:40 a.m.

#### Spanish Level 3

Wednesdays, November 1<sup>st</sup> - December 6<sup>th</sup>, 11:50 a.m. - 12:50 p.m.

#### Spanish Level 4

Tuesdays, October 31<sup>st</sup> - December 5<sup>th</sup>, 10:40 - 11:40 a.m.

Spanish Level 5

Tuesdays, October 31<sup>st</sup> - December 5<sup>th</sup>, 11:50 a.m. - 12:50 p.m.

## ONGOING HEALTH & FITNESS CLASSES

### Guided Meditation

November 1<sup>st</sup>, 2 - 3 p.m. (1<sup>st</sup> Wednesdays)

In this practice, we lie on the floor with closed eyes and relax in the space just before sleep.

*Please bring a yoga mat or blanket.*

**Registration required:** Contact instructor

Payton Cooper at 480-513-0701 or [studiomagic@cox.net](mailto:studiomagic@cox.net).

**Cost:** \$6 cash, pay to instructor at each class.

A graphic with the word "RELAX" in white, bold, sans-serif capital letters, centered within a light blue rectangular box with a subtle gradient and a thin white border.

### Qigong/Tai Chi Easy

Every Friday (No class 11/17)

*REGULAR Class* 8:45 - 9:45 a.m.;

*GENTLE Class* 10 - 10:45 a.m.

A discipline that can be practiced and benefits gained at any age - you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing and repeated gentle motions and stretches to improve health, balance, agility and flexibility. Gentle class is for anyone who wants to take it extra slow and easy. Wear loose clothing and bare feet. **Registration Required:** Contact instructor Bina Bou: 480-284-1300 or [bina.b75@gmail.com](mailto:bina.b75@gmail.com)

**Cost:** Prepay instructor \$35 cash for 5 classes; or \$10 drop-in.

### Gentle Yoga

Every Sunday, 11 a.m. - Noon (No class 11/5)

You are only one yoga class away from a good mood! Yoga for EveryBody: through a slow flow of controlled poses you'll begin strengthening your heart and bones, improving balance, and sharpening the mind. *Please bring a yoga mat and light blanket.*

**Registration Required:** Contact

instructor, Marina Kachur, at 480-510-6572 or

[mkachur01@hotmail.com](mailto:mkachur01@hotmail.com). **Cost:** \$8 cash, paid to instructor at each class.



### Restorative Yoga

Every Thursday, Noon - 1 p.m. (No  
class 11/23)



Great for beginners! Improve your ease of movement, flexibility, breathing and meditation. *Please bring a yoga mat and light blanket.*

**Registration Required:** Contact instructor Elizabeth Boisson: 480-363-5275 or [evboisson@yahoo.com](mailto:evboisson@yahoo.com)

**Cost:** \$8 cash, pay to instructor at each class

## **NEW!** Natural Body Movement

Every Sunday (Beginning November 19<sup>th</sup>),  
1 - 2 p.m.

Classes are a gentle approach to movement. Emerging from mindfulness, learn to trust the bodies sensations while increasing strength, flexibility and mental clarity. Release stress, tension and chronic pain. *Please bring a light blanket.*

**Registration required:** Contact instructor Judah Page: 602-931-2865 or [judah.page@gmail.com](mailto:judah.page@gmail.com).

**Cost:** \$10 cash, pay instructor at each class



## MONTHLY SUPPORT GROUPS

*Led by Hospice of the West facilitators. No registration.*



### Caring for the Caregiver

November 6<sup>th</sup>, 10 - 11:30 a.m. (1<sup>st</sup> Mondays)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

### "The Healing Pathway",

### After the Loss of a Spouse or Partner

November 13<sup>th</sup> & 27<sup>th</sup>, 9:30 - 11 a.m.

(2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.



## Monday Movies

Every Monday, 3 - 5 p.m.

New releases with a foreign film once each month.

We strive to bring you only the latest films. Due to uncertainty about release dates, please check our website at [www.dfla.org/calendar](http://www.dfla.org/calendar) for current listings and updates.



Desert Foothills Library  
*Discover • Connect • Belong*

# BLOCK PARTY

Fun, Fun, Fun!

Sunday, March 25, 2018  
1 - 4 pm

**SAVE THE DATE**

A colorful illustration of a parade float, possibly a float for a block party, with a striped awning and a person visible inside.

created by Freepik

**DESERT FOOTHILLS LIBRARY**  
Discover • Connect • Belong

38443 N Schoolhouse Rd • Cave Creek, AZ  
480-488-2286 • [www.dfla.org](http://www.dfla.org)



*[For a complete calendar of adult & youth events & classes, click here.](#)*

The logo for Desert Foothills Library, featuring a stylized green and yellow graphic and the text "DESERT FOOTHILLS LIBRARY".A collage of three photographs showing library activities: a display of framed art, a person playing a saxophone, and a person reading.

at the  
heart  
of our  
community

Desert Foothills Library, 38443 N. Schoolhouse Road, P.O. Box 4070, Cave Creek, AZ 85327

