



Adult Events & Classes

October 2017

Free Events - Except where noted



Memories in a Book

October 1st - 27th

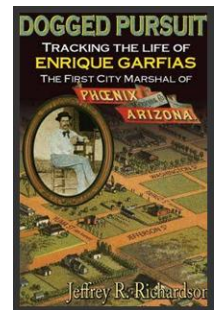
For one year, [Chapter2Bookstore](#) volunteers have teamed up to offer an alluring exhibit! Come see the amazing items they have found and collected from between the pages of hundreds of books. Questions? Call 480-488-2777 or email Nicolette Bonnstetter at Nic@nicsart.com.

Enrique Garfias

First City Marshal of Phoenix

Thursday, October 12th, 2:30 - 3:30 p.m.

Drawing from his new biography ***Dogged Pursuit: Tracking the Life of Enrique Garfias***, author Jeffrey Richardson will provide highlights from Garfias' career as a law man, explaining his historic importance, along with previously unknown facts about his personal life. Books will be available at \$20 cash and a donation to the Library will be made from each sale. **Register:** 480-488-2286.



NEW! Around the World in 9 Films The Best in International Cinema

October 13th, 1 - 3 p.m. (2nd Fridays)

Movies are a great way to learn about different cultures -- how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same time, linking a thread of humanity that stretches across the globe. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. **This**

Month: *Cautiva* (115 min.). Argentina. **Register:** 480-488-2286.

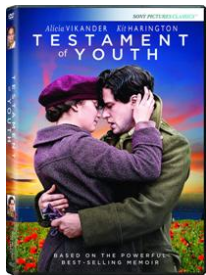
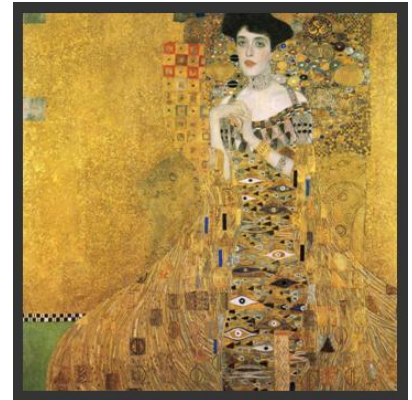
The Woman in Gold the Unforgettable Masterpiece

Saturday, October 14th, 10:30 a.m. - 12:30 p.m.

What happened to "The Woman in Gold" the unforgettable masterpiece, and the four other Klimt paintings that were returned to Marie Altmann by the Belvedere Museum in Austria in 2006.

A fascinating update on an extraordinary story about the Klimt paintings stolen by the Nazis from the Bloch-Bauer family's *grand palais* in Vienna in 1940, and returned to Marie Altmann, the last direct heir of the Bloch-Bauer family. This lecture includes an update on the progress being made in the Nazi art restitution processes internationally. Mary F. Cook will tell the story. Mary is a Member of the **International Foundation for Art Research**, who, through its **Art Loss Register**, maintains the largest data bank of stolen art in the world. *All proceeds benefit the library.* **Register:** 480-488-2286.

Cost: \$5



NEW! Cinematic Reflections on WWI

The 100th Anniversary

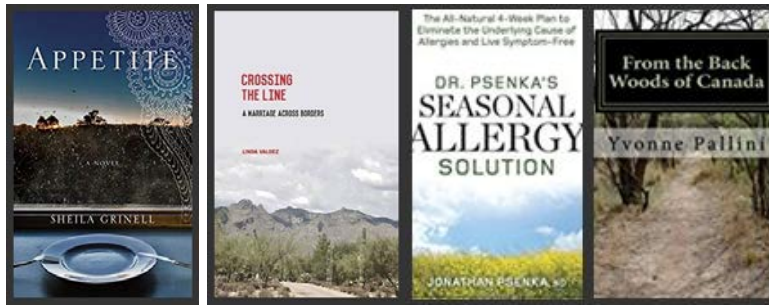
October 20th, 3 - 5 p.m. (3rd Fridays)

Inevitable, but also easily avoidable, World War I is one of the most tragic and unique wars in history. This series will highlight films that define the triumphs, tragedies, innovations, and sacrifices in what was hailed as 'The War to End All Wars.' WWI will ultimately cause WWII and shape the entire 20th Century. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. **This month:** *Testament of Youth* (125 min.). **Register:** 480-488-2286.

Author Showcase

Tuesday, October 24th, 10 - 11:30 a.m.

Join four local authors as they briefly tell their stories and discuss their books, which will be available for sale and signing. Books range from \$10 to \$20. Please bring cash or checks. We will have cake and tea to celebrate our authors. **Register:** 480-488-2286.



- ***Appetite***, by Sheila Grinell. When Jenn announces she's marrying an Indian guru, her parents sense a disaster in the making. Will a clash between generations tear their family apart? Realistic and engrossing.
- ***Crossing the Line: A Marriage Across Borders***, by Linda Valdez. A memoir that sheds new light on the southern border and Mexican immigration. Two lovers fate through a mistranslated wedding ceremony and a mighty barrier. Inspiring, heartfelt and funny.
- ***Seasonal Allergy Solution***, by Dr. Jake Psenka. Kiss your allergies goodbye! Target the root cause of seasonal allergies and be free of allergy medication. Highly detailed, providing invaluable information.
- ***From the Back Wood Of Canada***, by Yvonne Pallini. A true story of an orphan girl from Quebec. Her struggles to survive and determination to overcome many adversities. Denotes courage and faith.



Antique & Collectible Appraisal Show

Saturday, October 28th, 12:30 - 3 p.m.

Renowned Art & Antiques expert, Elena Kohn, will provide an informal presentation regarding appraisals on your antiques and collectibles.

Categories of accepted objects include: fine art, furniture (small pieces), ceramics, glassware, vintage photographs, advertising, folk art, assorted toys, metalware, clocks, costume jewelry and antiques. Appraisals limited to the first 40 registered. Registration is limited to two items per person. *All proceeds benefit the Library.* Questions? Call (480) 203-2311 or email info@artfortune.com. **Register:** 480-488-2286.

Cost: \$25 for verbal evaluation.

Named "Best of Phoenix, [Best Library in the Valley](#)" in 2014.

Support your community! The Library is a non-profit, funded by donations. Ask about the benefits of membership and volunteering.

The Literate Foodie Club

Library Closings

none

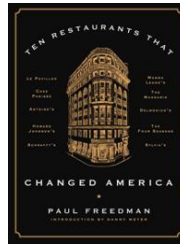
Monday, October 2nd, 12:30 - 2:30

p.m.

(1st Mondays)

Love food, books, cooking and conversation? We will explore all these and more. October Topic: **Ten Restaurants that Changed America**, by Paul Freedman. Delightful snacks will help illustrate stories from these ten iconic restaurants. Facilitated by Dana Rakinic. Questions? Contact danarakinic@gmail.com. **Register**: 480-488-2286.

Cost: \$10



Library Hours

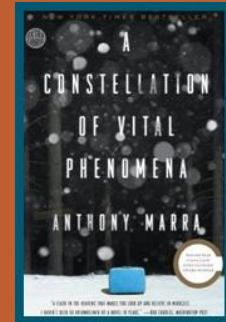
Monday-Friday

9am-6pm

Saturday 10am-4pm

Sunday 11am-3pm

Library Book Club



October 12, 10 - 11:30 a.m.

(2nd Thursday)

Discussion of

A Constellation of Vital Phenomena

by Anthony Marra

Everyone is welcome!

No registration.

For a complete list of discussion titles, click here.

Passport?



The Library is a

Passport Acceptance



Remembering our Stories

A Writing Group

October 5th, 9:30 - 11 a.m.

(1st Thursdays)

Experience connection and get inspired in a writing group that will nurture your heart and spirit, as well as spark your creativity. Absolutely no writing experience needed! Questions? Contact Life and Wellness Coach, Sharon Spector, at (512) 460-9108.

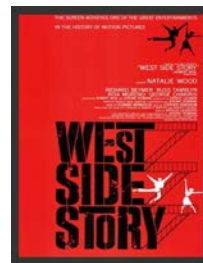
Register: 480-488-2286.

Music @ the Movies

October 5th, 2 - 5 p.m.

(1st Thursdays)

West Side Story: This romantic musical update of 'Romeo and Juliet' won ten Oscars. The tale of a turf war between rival teenage gangs in Manhattan's Hell's Kitchen and the two lovers who cross battle lines has captivated audiences for four decades. The Stephen Sondheim/Leonard Bernstein score is just one of the reasons (152 min.). Hosted by Music enthusiast Annis Scott. No Registration.



Medicare Drop-In Clinic

Saturday, October 7th, 10:30 a.m. - 1:30 p.m.



Do you have questions about how to apply for extra help with prescriptions? AHCCS (Medicaid) or reviewing your current coverage? Whether to get a supplement or Medicare advantage? Licensed Insurance Agent, Debra Sahlin, who specializes in senior products will be available to answer all your questions and more, for free! No Registration.

Teen Tech Help Desk

Saturday, October 7th & 21st, 10 a.m. - 1 p.m.

Having trouble understanding your smartphone or computer? Do you need help setting up accounts or using websites/apps? Let our tech-savvy teen volunteer help you with these and other technology-related questions. Just bring your device to our Special Collections room or use a library computer to get your question answered. Questions? Contact Brandon Holmes: 480-695-2638. No appointments needed; first-come, first-served.



Eight Kinds of Smarts

Saturday, October 7th, 1 - 2:15 p.m.



Discover your children's "smarts" and help them build on their natural strengths to learn more easily. We'll explore the Theory of Multiple Intelligences with award-winning children's author Barbara Gowan, and examine the resources available in the library's collection. *This*

program is supported by the Arizona State Library, Archives & Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services. Register: 480-488-2286.

Fascia & the Mystery of Chronic Pain

Wednesday, October 11th, 10 - 11 a.m.

Learn about Fascia, a web of fibrous connective tissue that wraps your organs, muscles, tendons, and ligaments. An achy neck, painful hip or stiff back might not be a musculoskeletal issue at all...it



Facility

Available daily!

*Appointments essential.
Call 480-575-3201 or click
here for details.*

Amazon Smile



Amazon will donate 0.5% of your eligible purchases to the Desert Foothills Library Association.

CLICK HERE TO PURCHASE

Quick Links



[Printable Events Calendar](#)

[Digital Library Catalog](#)

[Online Tools & Research](#)

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Zinio

Digital Newstand



might be your Fascia! Join Structural Therapists Dana Sterling and Cody Williams, as they explain how simple strategies can have a tremendous impact on your health & life quality.

www.SterlingStructuralTherapy.com. Register: 480-488-2286.

Music Appreciation @ the Library

Fridays, October 13th & 27th, 4 - 5:30 p.m.
(2nd & 4th Friday)

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she



takes us on a tour of music throughout our history. Register: 480-488-2286

October 13: "Welcome Back to the Enthralling World of Classical Music: Classical treasures"... Brahms Piano Concerto, No 2, and a very special String Quintet by Schubert that features two Cellos ...and a Symphonic piece by Vaughan

Williams.

October 27: "Beethoven's, Symphony No. 3, the "Eroica" Symphony": what makes this THE epic Symphonic work? Why look at it so closely?"

Inside the library

OPEN 7 DAYS

Chapter2Books

Great Books. Great Prices.

Biggest used bookstore in the North Valley!

More than 15,000 books as well as DVDs - CDs - AUDIOBOOKS

Starting at 50 cents! Located inside Desert Foothills Library

SPECIAL SALE!

October 13, 14, & 15th
(2nd weekend each month)

Check us out on Amazon.

Donations are welcome anytime!

www.Chapter2BooksAZ.com

480-488-2777



The world's largest digital newsstand is available now. Enjoy a huge array of popular magazines online.

Visit our website to access Zinio.

freegal



Free music downloads you can keep forever!

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Use your library card to download up to five music tracks each week to your computer -- free!

DRM-free: once downloaded, they will not expire. Follow the image above and click on the "Freegal" button on the right side of the page.

### **Rocket Languages**

**Choose from 13 languages**



Learn to speak a language online today! All you need is a **free** Desert Foothills Library Card to get started. Visit our **Digital library at DFLA.org**. With our comprehensive multi-media packages you will be speaking and improving your language

# Community Senior Health & Wellness EXPO Being Your Best - At Any Age



Wednesday, October 18, 2017 10 a.m. - 2 p.m.  
Connect with local support groups and educational programs of over 40 attending vendors including the Desert Foothills Library and leave the Expo with new information and skills for better living. Questions? Contact Foothills Caring Corps, Inc. at 480-488-1105 or [Services@FoothillsCaringCorps.com](mailto:Services@FoothillsCaringCorps.com)

*skills with every lesson by taking part in the modern, everyday conversations that make up our Interactive Audio Course.*

## Culture Pass



*FREE passes to arts and culture venues in metro Phoenix! (Desert Botanical Gardens, Science Center, Art Museums, to name a few!). Limited availability - you must personally check the display when you visit.*

**Now available at DFL**

## Literary Salon Not

## Your Typical "Book Club"

October 19<sup>th</sup>, 10:00 a.m. - Noon (3<sup>rd</sup> Thursdays)



**October Topic: Seasons.** After a hot summer, we are looking forward to fall. Think of books, films, plays or poems that evoke a seasonal theme in the story or where a season is integral to the plot. Examples include **Doctor Zhivago**, **The Winter of Our Discontent** and **It's a Wonderful Life**. No Registration.

## FAX Service



*Donating Members:  
FREE!*

*Cardholders:  
per page... \$1 local;  
\$1.50 long distance  
(US only)*

## Crafty Card Making

Saturday, October 21<sup>st</sup>, 10:30 a.m. - 12:30 p.m.

We'll make cards for every season, every reason! Join in the fun with Card Maker Melissa Sunde, who will have all the supplies cut and ready, and will help guide you in making 3 greeting cards. You'll learn new stamping techniques and how to use all kinds of new supplies. Don't worry if you feel you are not creative - it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3. **Registration Required by Wednesday, October 18**, to allow time for preparing class supplies: 480-488-2286.



**Cost: \$20.00.**

## Shop & Dine to Fund the Library!

Shop at the eScrip Online Mall to earn \$\$ for the Library



**SIGN UP JUST ONCE !**  
*Help earn money for the library by clicking [here](#).*

## Food Bank Drop-off



Highland | Henderson | Gilbert | Mesa





## Craft N Chat

October 23<sup>rd</sup>, 1 - 3 p.m. (4<sup>th</sup> Mondays)

Do you knit, crochet, or practice another table craft?

Join other local enthusiasts monthly for companionable creating and conversation. New

crafters and all skill levels are always welcome! No registration.

## Creating Glatitude

Saturday, October 28<sup>th</sup>, Noon - 2 p.m.

(4<sup>th</sup> Saturdays)

Digging deep doesn't mean you have to get and keep your hands dirty. Get involved with what's making and keeping you stuck. See how you'll shine inside and out. Questions? Contact Life Coach, Raleigh Pinsky, at 480-488-4840 or [raleigh@creatingglatitude.com](mailto:raleigh@creatingglatitude.com). **Registration Required:** 480-488-2286.

**Cost:** \$15



## BRIDGE



**Instructor:** Peter Blake-Ward.

**Register:** 480-488-2286.

**Cost:** \$85 for 8-week series, including materials (or \$150 for both Bridge courses)

### Bridge: Supervised Play

Fridays, October 6 - December 1, 10 a.m. -

Noon (8-week series) \*No Class on 11/24

One half hour demonstration of play, and bidding AND play of a pre-dealt hand. Balance of the class will be bidding and play of randomly dealt hands with help from the instructor. Registration is limited to the first 12 people.

### Bridge: Skill Building

Fridays, October 6 - December 1, 1 - 3 p.m.

(8-week series) \*No Class on 11/24

For players with some experience who would like to improve their skills, you will develop bridge skills and strategies and socialize. Supervised play will help illustrate more advanced conventions as they are taught. If participants are interested, the instructor will

### Foothills Food Bank

*The library has partnered to feed the hungry in our community. A drop-off collection container is located by the pillar, left of the front desk.*

### Important Notice

### **Stock Donations to the Library**



*The Library welcomes donations of stock, and we want to properly thank those of you who give such a donation.*

*Did you know that stock brokerage houses will no longer release the names of those who donate?*

*So we have recently been unable to thank several patrons for their generosity. If you donate, would you please include your name and address?*

**THANK YOU!**

### **Community Partners**



Cave Creek Museum

CC Unified School District



teach the "new" standard in bridge - the 2 over 1 style of play.

## MAHJONG

### Mahjong Club



Every Tuesday, 1:30 - 4:30 p.m.

Must have basic knowledge of the game. Limited space.

**Registration required:** contact Club Director Andrea Korff at [mandakorff@cox.net](mailto:mandakorff@cox.net) or 480-650-5199.

**Cost:** \$4 cash per session. Pay to Andrea Korff at class.

## COMPUTER/TABLET CLASSES

*Classes below taught by Tech4Life.  
Registration Required: 480-488-2286*



### Home Automation

October 5<sup>th</sup>, 9:30 - 11 a.m.  
(1<sup>st</sup> Thursdays)

Amazon Echo, Google Home, Nest, Wink, Video. Unlock your doors, close the garage, change the temp, be notified of water leaks, see AND talk to someone at your door from ANYWHERE! Experience real practical applications of today's products.

### Password Management and Security 101

October 26<sup>th</sup>, 9:30 - 11 a.m.  
(4<sup>th</sup> Thursdays)

Frustrated with a million passwords? Worry about credit card fraud? Has someone called you about your computer being hacked? Is your data safe? Show up and we'll explain all of this and more! Lecture and Handout provided, no computers.



## SPANISH OFFERINGS

*Desert Foothills Land Trust*

*Foothills Caring Corps*

*Foothills Community Foundation*

*Foothills Foodbank*

*Sonoran Arts League*

*YMCA*

### Membership



*Did you know that we are an independent, non-profit public library, depending on the support of individuals like you through memberships and donations for 90% of our funding? You'll enjoy additional benefits by becoming an annual member. **Join now** for as little as \$40 individual or \$70 family!*

### VOLUNTEER!



***Looking for a Fulfilling Volunteer Opportunity?***

*Join the Desert Foothills Library and make a real impact! Volunteers are needed at the Library and*

## Intermediate Conversational Spanish

Every Wednesday, 10:30 a.m. - Noon

Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.



## Spanish Classes

*All Spanish Classes below are taught by Alina Lowen, a native speaker who has taught for 30+ years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-595-5500. Limited class sizes, register early! **Registration required at least 2 days prior to class start: 480-488-2286.***

**Cost:** \$54 for 6-week series.

### Spanish Level 1

Wednesdays, November 1 - December 6, 9:30 - 10:30 a.m.

No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

### Spanish Level 2

Wednesdays, November 1 - December 6, 10:40 - 11:40 a.m.

### Spanish Level 3

Wednesdays, November 1 - December 6, 11:50 a.m. - 12:50 p.m.

### Spanish Level 4

Tuesdays, October 31 - December 5, 10:40 - 11:40 a.m.

### Spanish Level 5

Tuesdays, October 31 - December 5, 11:50 a.m. - 12:50 p.m.

*Chapter2Books. Shifts are generally 3 to 4 hours and available for all days of the week; volunteers will be fully trained. To apply, contact Library Manager Terri Engebretson at [tengebretson@dfla.org](mailto:tengebretson@dfla.org) or 480-488-2286.*

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## ONGOING HEALTH & FITNESS CLASSES

## Guided Meditation

October 4<sup>rd</sup>, 2 - 3 p.m. (1<sup>st</sup> Wednesdays)

In this practice, we lie on the floor with closed eyes and relax in the space just before sleep.

*Please bring a yoga mat or blanket.*

RELAX

**Registration required:** Contact instructor

Payton Cooper at 480-513-0701 or [studiomagic@cox.net](mailto:studiomagic@cox.net).

**Cost:** \$6 cash, pay to instructor at each class.

## Qigong/Tai Chi Easy

Every Friday

*REGULAR Class* 8:45 - 9:45 a.m.

*GENTLE Class* 10 - 10:30 a.m.

A discipline that can be practiced and benefits gained at any age - you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing and repeated gentle motions and stretches to improve health, balance, agility and flexibility. Gentle class is for anyone who wants to take it extra slow and easy. Wear loose clothing



and bare feet. **Registration Required:** Contact instructor Bina Bou: 480-284-1300 or [bina.b75@gmail.com](mailto:bina.b75@gmail.com)

**Cost:** Prepay instructor \$35 cash for 5 classes; or \$10 drop-in.

## Gentle Yoga

Every Sunday, 11 a.m. - Noon

You are only one yoga class away from a good mood!

Yoga for Every Body: through a slow flow of controlled poses you'll begin strengthening your heart and bones, improving balance, and sharpening the mind. *Please bring*

*a yoga mat.* **Registration Required:** Contact instructor, Marina Kachur, at 480-510-6572 or

[mkachur01@hotmail.com](mailto:mkachur01@hotmail.com). **Cost:** \$8 cash, paid to instructor at each class.



## Restorative Yoga

Every Thursday, Noon - 1 p.m.

Great for beginners! Improve your ease of movement, flexibility, breathing and meditation.

*Please bring a yoga mat and light blanket.*

**Registration Required:** Contact instructor

Elizabeth Boisson: 480-363-5275 or

[evboisson@yahoo.com](mailto:evboisson@yahoo.com).

**Cost:** \$8 cash, pay to instructor at each class





# MONTHLY SUPPORT GROUPS

## Caring for the Caregiver

October 2<sup>nd</sup>, 10 - 11:30 a.m. (1<sup>st</sup> Mondays)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. Led by Hospice of the West facilitators. No registration.

## "The Healing Pathway", After the Loss of a Spouse or Partner

October 9<sup>th</sup> & 23<sup>rd</sup>, 9:30 - 11 a.m.

(2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey. Led by Hospice of the West facilitators. No registration.

## Monday Movies

Every Monday, 3 - 5 p.m.

New releases with a foreign film once each month.

We strive to bring you only the latest films.

Due to uncertainty about release dates, please check our website at [www.dfla.org/calendar](http://www.dfla.org/calendar) for current listings and updates.



*[For a complete calendar of adult & youth events & classes, click here.](#)*





Desert Foothills Library, 38443 N. Schoolhouse Road, P.O. Box 4070, Cave  
Creek, AZ 85327