

# Adult Events & Classes

## April 2017

Free Events - Except where noted



### PLEASE NOTE



**Programs may be subject to cancellation** due to parking lot construction. We will endeavor to keep disruption to a minimum and you will be notified of any changes. During the construction period, ending April 2017, we ask that patrons car pool as much as possible.



## Desert Foothills Gallery Reception

Saturday, April 1, 4 - 5:30 p.m.

ALL WELCOME

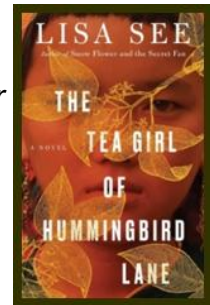


## Author Lisa See Visits the Library

Friday, April 7, 11:30 a.m.

World renowned Author Lisa See visits the Library. In her beloved *New York Times* best sellers *Snow Flower and the Secret Fan*, *Peony in Love*, *Shanghai Girls*, *Dreams of Joy*, and most recently, *China Doll*, Lisa has illuminated the strong bonds between women.

Lisa's new book, *The Tea Girl of Hummingbird Lane*, was released March 21st. Born in Paris, Lisa See is an American Writer & novelist who grew up in Los Angeles. Copies will be available for purchase at this special event. **Register:** 480-488-2286

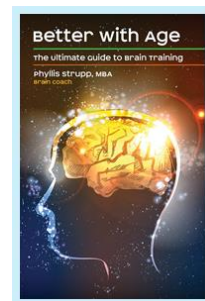


## Train Your Brain!

Saturday, April 8, 10:30 a.m. - 12:30 p.m.

Brains need a workout too! Learn brain training strategies to boost memory, motivation and vitality. You will leave the program with a *Personal Neuroplasticity Plan* to help your brain get better with age. Class includes a copy of the book "Better with Age: The Ultimate Guide to Brain Training." Instructed by brain training expert Phyllis Strupp, [www.brainwealth.org](http://www.brainwealth.org). **Register:** 480-488-2286

**Cost:** \$50



## Blue Zones

### How to Live to 100

Thursday, April 13, 2 - 3 p.m.

Blue Zones are populations where people live very long, healthy lives. In this educational Power Point presentation, author and health coach Stan Reents, PharmD, will explain the specific behaviors of these people. **Register:**

480-488-2286

**Cost:** \$10

## 3-D Printer Presentation and Demo /Q&A

Monday, April 17, 10 - 11:30 a.m.



Join us for a presentation on 3D printing technology, where it's been and where it's going! Watch 3D printing live, with a Q&A session after. Presented by Chris Guerra, Arizona State Library Project Specialist. **Register:** 480-488-2286

*"This project is supported by the Arizona State Library, Archives & Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum & Library Services."*

## Portrait of Wally

Saturdays, April 22 & 29, 10:30 a.m. - 12:30 p.m.

The story of the "*Portrait of Wally*" is about Nazi Stolen Art, but it is also about cultural skulduggery, political sleaze, and institutional hypocrisy. The "*Portrait of Wally*" is Egon Schiele's tender painting of his young mistress, Wally Neuzil. The painting was owned by Lea Bondi, a Jewish art dealer who fled Vienna in 1940. The Nazi's went to her home in the dead of night and ripped the paintings from her walls. Lea spent her whole life (unsuccessfully) trying to find the painting. In 1997



MOMA had an exhibit of Schiele's work (on loan from the Leopold Museum in Vienna) and there was the "*Portrait of Wally*." What happened next is pure serendipity, and then NY District Attorney, Robert Morgenthau, put a hold on the painting that lasted 13 years. What happened to the painting? Mary F. Cook will tell this amazing story. *All proceeds benefit the Library.* **Register:** 480-488-2286

**Cost:** \$5



Impressionism and end with Photorealism, covering 100 years of art including the Industrial Revolution. Presented by Lisa White, docent of *The Phoenix Art Museum*. **Register:** 480-488-2286

## Historic Changes Bring Artistic Revolutions

Wednesday, April 26, 10 - 11 a.m.

How history impacted and changed the art of the 20th century forever. We will begin with

## How to Read a Building

Friday, April 28, 2 - 3 p.m.

Every building has a story to tell. It is written in the design, construction material, and decorations. Even the landscaping around the building adds to its tale. Learn how to read the symbolism of architecture and discover the story written in the buildings and monuments in Washington DC. Multi-media presentation by award-winning author Barbara Gowan. **Register:** 480-488-2286



Named "Best of Phoenix, [Best Library in the Valley](#)" in 2014.

**Support your community! The Library is a non-profit, funded by donations. Ask about the benefits of membership and volunteering.**

## Make a Steady 6-8% and Save Taxes

Saturday, April 1, 10:30 a.m. - 12:30 p.m.

- How major food companies can pay 6% tax-deferred for 10 years
- Lend to real estate projects at 8% with interest paid monthly
- Receive 6-8% from a tax-deferred private pension every year for life
- Earn up to 10%+ overall return in hotels and apartment buildings
- Save \$25,000 - \$250,000 on taxes annually with Section 179

Presented by Dr. Harold Wong, PhD Economics, who writes the AZ Republic money column. **Register:** 480-488-2286



### **Library Closings**

*April 16 for Easter*

### **Library Hours**

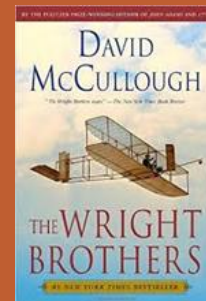
*Monday-Friday*

*9am-6pm*

*Saturday 10am-4pm*

*Sunday 11am-3pm*

### **Library Book Club**



*April 11, 10 a.m. - Noon*

The Literate Foodie Club



Monday, April 3, 1 - 2:30 p.m. (1<sup>st</sup> Mondays)

**April Topic:** A discussion of *The Last Chinese Chef* by Nicole Mones. Mystery, romance, philosophy, Chinese culture and culinary arts rolled into one fascinating novel. Selection of dim sum with tea tasting. Co-presenters Darlene Southern and Dana Rakinic. Questions? Contact [danarakinic@gmail.com](mailto:danarakinic@gmail.com).

**Limited Space; register early!** 480-488-2286  
**Cost:** \$10

(2<sup>nd</sup> Tuesdays)

Discussion of  
***The Wright Brothers***  
by David McCullough.  
*Everyone is welcome!*

Questions?

Email Jo Niemeyer at  
[joniemeyer@yahoo.com](mailto:joniemeyer@yahoo.com)

No registration.

**Click here** for a complete book list.

## Make Money Safely and Save Taxes:

### Advanced IRA Strategies

Tuesday, April 4, 10:30 a.m. - 12:30 p.m.

- Accumulate greater wealth
- Protect your earnings
- Reduce/Eliminate taxes on your IRA money
- Learn how a Self-Directed IRA will allow non-Wall Street investments such as real estate



Presented by Dr. Harold Wong, PhD Economics, who writes the AZ Republic money column. **Register:** 480-488-2286

## Passport?



The Library is a  
**Passport Acceptance Facility**

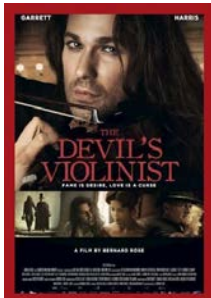
Available daily!

Appointments essential.

Call 480-575-3201 or click **here for details.**

## Music @ the Movies

April 6, 2 - 5 p.m. (1<sup>st</sup> Thursdays)



**The Devil's Violinist:** The film chronicles the life of Italian violinist and composer Niccolò Paganini, who rose to fame as a virtuoso in the early 19th Century. It begins with his youth as a childhood violinist pushed by his demanding father through his beginnings in Italy and then to his

## Amazon Smile



Amazon will donate  
0.5%

of your eligible purchases  
to the Desert Foothills  
Library Association.



performances and acclaim in London under the guidance of the mysterious Urbani. 123 min. Hosted by Music enthusiast Annis Scott. No Registration.

**CLICK HERE TO JOIN**

## Music Appreciation @ the Library

Friday, April 7, 4:00 - 5:30 p.m.

(1<sup>st</sup> Friday this Month Only)

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history.

**Register:** 480-488-2286

**April Topic:** "What makes these Classics Classic?" ....Beethoven's "Emperor Concerto", Schumann's "Spring Symphony", Dvorak's "Wind Serenade" and other favorites.



### Quick Links



[Printable Events Calendar](#)

[Digital Library Catalog](#)

[Online Tools & Research](#)

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**Chapter2Books**  
Great Books. Great Prices.

Inside the library

**OPEN 7 DAYS**

Biggest used bookstore in the North Valley!  
More than 15,000 books as well as DVDs - CDs -  
AUDIOBOOKS

Starting at 50 cents! Located inside Desert Foothills Library

**SPECIAL SALE!**

April 7th, 8th, 9th

(2nd weekend each month)

Check us out on [Amazon](#).

Donations are welcome anytime!

[www.Chapter2BooksAZ.com](http://www.Chapter2BooksAZ.com)

480-488-2777



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**freegal**

## Literary Salon *Not Your Typical "Book Club"*

April 13<sup>th</sup>, 10:00 a.m. -

Noon (2<sup>nd</sup> Thursdays)

An informal discussion of books, film and theater. No requirements to read or see any particular book, film or play. **April Topic: *Travel in Literature & Film.*** Books and

Film can transport us to new places and times. The ability to transcend familiar surroundings without leaving our comfortable chairs is quite a feat. Paula Cullison, travel writer and photographer, will facilitate a discussion on travel film and book experiences. Come share your thoughts. No Registration.



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downloaded, they will  
not expire.*

*Follow the image above  
and click on the "Freegal"  
button on the right side  
of the page.*

## Estate Planning

### Don't Make Your Family Fill in the Blanks

Saturday, April 15<sup>th</sup>, 10:30 a.m. - 11:30  
a.m.

Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a **free Estate Planning Workshop**, providing a small group setting for participants to learn the essentials of developing an estate plan. A solid plan is essential to make sure your family is not left filling in the blanks. Participants will learn:



- Powers of Attorney - why they are important and what you should have in them
- Probate - what it is and how to avoid it
- Trusts - what it is and how is it different from a Last Will and Testament
- Taxes - who has estate or inheritance tax
- Beneficiary designations - why these need to be updated

Participants have the opportunity to actively learn, plan, and

## Rocket Languages

**Choose from  
13 languages**



*Learn to speak a  
language online  
today! All you need is a  
**free Desert Foothills  
Library Card** to get  
started. Visit our **Digital  
library at DFLA.org.**  
With our comprehensive  
multi-media packages  
you will be speaking and  
improving your  
language skills with  
every lesson by taking*

ask questions in a supportive and engaging environment. **Register:** 480-488-2286

## Crafty Card Making

Saturday, April 15, 10:30 a.m. - 12:30 p.m.



We'll make cards for every season, every reason! Join in the fun with Card Maker Melissa Sunde, who will have all the supplies cut and ready, and will help guide you in making 3 greeting cards. You'll learn new stamping techniques and how to use all kinds of new supplies. Don't worry if you feel you are not creative - it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3.

**Registration Required by Wednesday**, April 12, to allow time for preparing class supplies: 480-488-2286.

**Cost:** \$15.00.

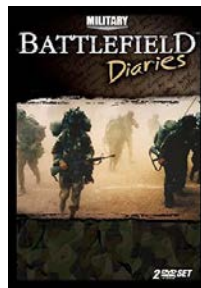
## Cinematic Reflections on WWII Little Known Stories of the War

**FULL:** April 21, 3 - 5 p.m. (3<sup>rd</sup> Friday)

**2nd Showing:** Friday, April 28, 10 a.m. - Noon

(No facilitator at 2nd showing)

World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war -- stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. A post-film discussion, facilitated by Gary Zaro, faculty WWII expert from Paradise Valley Community College (PVCC), will follow. **This month:** *Battlefield Diaries: Raid At Cabanatuan* (60 min.). **Register:** 480-488-2286.



*part in the modern,  
everyday conversations  
that make up our  
Interactive Audio Course.*

### Culture Pass



*FREE passes to arts and culture venues in metro Phoenix! (Desert Botanical Gardens, Science Center, Art Museums, to name a few!). Limited availability - you must personally check the display when you visit. **Now available at DFL***

### FAX Service



*Donating Members:  
FREE!  
Cardholders:  
per page... \$1 local;  
\$1.50 long distance  
(US only)*

### Shop & Dine to Fund the Library!

Shop at the eScrip Online Mall to earn \$\$ for the Library



**SIGN UP JUST ONCE!**  
*Help earn money for the library by clicking [here](#).*



**NEW!**

## Brain Dance & Natural Body Movement

Sundays, April 23 & 30; May 7 & 21

(No class May 14), 1 - 2 p.m.



Simple introductions to neurobiology combined with guided improvisation and creative movement. Improve overall emotional and physical well-being using the art of awareness as a vehicle for brain and body health. Class open for all individuals in the community regardless of age, gender, health conditions and/or physical ability (excellent for

brain, learning or movement disorders). Instructor Judah Page is a Somatic Movement and Brain Health Coach with 20 years of experience. Questions? Contact Judah at 602-931-2865 or [judah.page@gmail.com](mailto:judah.page@gmail.com). **Register:** 480-488-2286

**Cost:** \$40 for 4-week series

## Craft N Chat

April 24, 1 - 3 p.m. (4<sup>th</sup> Mondays)

Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill levels are always welcome! No registration.



## MAHJONG

### Mahjong Club

Every Tuesday, 1 - 4 p.m.

Must have basic knowledge of the game. Limited space.

**Registration required:** contact Club Director Andrea Korff at [mandakorff@cox.net](mailto:mandakorff@cox.net) or 480-650-5199.

**Cost:** \$4 cash per session. Pay to Andrea Korff at class.

## Food Bank Drop-off



*The library has partnered to feed the hungry in our community.*

*A drop-off collection container is located by the pillar, left of the front desk.*

## Important Notice

### Stock Donations to the Library



*The Library welcomes donations of stock, and we want to properly thank those of you who give such a donation.*

*Did you know that stock brokerage houses will no longer release the names of those who donate?*

*So we have recently been unable to thank several patrons for their generosity. If you donate, would you please include your name and address?*

**THANK YOU!**

## FOR WRITERS



### Writers Connection How to Write that Script

April 7, 1 - 3 p.m. (1<sup>st</sup> Friday)

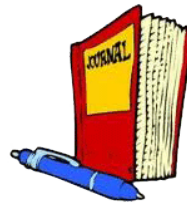
We've all said: "that would make a great movie", but few of us have had the nerve to sit down and actually try to write it. This workshop, led by former head of business affairs and development for Hollywood production companies Chantelle Aimée Osman, and New York Times best-selling author Michael A. Stackpole, will provide the fundamentals of formatting a screenplay, as well as some basic tips on the common mistake new screenwriters make and how to avoid them.

**Register:** 480-488-2286

### Journaling Classes

April 10 & 24, 1 - 3 p.m. (2<sup>nd</sup> & 4<sup>th</sup> Mondays)

**April Topic:** *Poetry and Your Journal*. Learn and experience ways to enrich your journaling life with poems by Mary Oliver and other well-known poets. Bring a journal or notebook and pen. No writing experience required. Mary Lee Simpson is a certified journal facilitator and has taught therapeutic writing for nearly 20 years. **Register:** 480-488-2286



### Memoir Writing Group

Monday, April 10, 10 - 11:30  
a.m.  
(2<sup>nd</sup> Monday)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.

## SPANISH OFFERINGS

### Intermediate Conversational Spanish

### Community Partners



[Cave Creek Museum](#)

[CC Unified School  
District](#)

[Desert Foothills Land  
Trust](#)

[Foothills Caring Corps](#)

[Foothills Community  
Foundation](#)

[Foothills Foodbank](#)

[Sonoran Arts League](#)

[YMCA](#)

### Membership



*Did you know that we are an independent, non-profit public library, depending on the support of individuals like you through memberships and donations for 90% of our funding? You'll enjoy additional benefits by becoming an annual member. **Join now** for as little as \$40 individual or \$70 family!*

Every Wednesday, 10:30 a.m. -  
Noon

Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.



## Spanish Classes

*All Spanish Classes below are taught by Alina Lowen, a native speaker who has taught for 30 years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-595-5500. Limited class sizes, register early! **Registration required at least 2 days prior to class start: 480-488-2286.***

**Cost: \$54 for 6-week series.**

### Spanish Level 1

Wednesdays, April 26 - May 31, 9:30 - 10:30 a.m.  
No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

### Spanish Level 2

Wednesdays, April 26 - May 31, 10:40 - 11:40  
a.m.

### Spanish Level 3

Wednesdays, April 26 - May 31, 11:50 a.m. -  
12:50 p.m.

### Spanish Level 4

Tuesdays, April 25 - May 30, 10:40 - 11:40 a.m.

### Spanish Level 5

Tuesdays, April 25 - May 30, 11:50 a.m. - 12:50  
p.m.

## ONGOING HEALTH & FITNESS CLASSES

**RELAX**

### Guided Meditation

April 4<sup>th</sup> & 18<sup>th</sup>, 4:30 - 5:30  
p.m.

(1<sup>st</sup> & 3<sup>rd</sup> Tuesdays)

In this practice, we lie on the floor with closed eyes and relax in the space just before sleep. *Please bring a yoga mat or blanket.* **Registration required:** Contact instructor

Judith Zeiger

480-760-5645 or [jazeiger@gmail.com](mailto:jazeiger@gmail.com).

**Cost:** \$6 cash, pay to instructor at each class.

### Qigong / Tai Chi Easy

April 7<sup>th</sup> & 14<sup>th</sup>

(1<sup>st</sup> & 2<sup>nd</sup> Friday this Month Only)

*REGULAR Class* 8:45 - 9:45

a.m.

*GENTLE Class* 10:00 - 10:30 a.m.

A discipline that can be practiced and benefits gained at any age - you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing and repeated gentle motions and stretches to improve health, balance, agility and flexibility. Gentle class is for anyone who wants to take it extra slow and easy. Wear loose clothing and bare feet. **Registration Required:** Contact instructor Bina Bou:

480-284-1300 or [bina.b75@gmail.com](mailto:bina.b75@gmail.com)

**Cost:** \$10



### Gentle Yoga

Every Sunday, 11 a.m. - Noon

Reduce stress, improve posture, increase coordination and renew energy with slow, controlled poses. *Please bring a yoga mat and light blanket.* **Registration Required:** Contact

instructor Tanya Kern:

623-465-0507 or [tkmoon2@aol.com](mailto:tkmoon2@aol.com).

**Cost:** \$8 cash, pay to instructor at each class

**NEW!**

## Restorative Yoga

Every Thursday, Noon -  
1 p.m.

Great for beginners! Improve your ease of movement, flexibility, breathing and meditation. *Please bring a yoga mat and light blanket.* **Registration Required:** Contact instructor Elizabeth Boisson: 480-363-5275 or [evboisson@yahoo.com](mailto:evboisson@yahoo.com).

**Cost:** \$8 cash, pay to instructor at each class



## MONTHLY SUPPORT GROUPS

*Led by Hospice of the West facilitators.*



### Caring for the Caregiver

April 3<sup>rd</sup>, 10 - 11:30 a.m.

(1st Monday)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. No registration.

### "The Healing Pathway"

After the Loss of a Spouse or Partner

April 10<sup>th</sup> & 24<sup>th</sup>, 9:30 - 11 a.m.

(2nd & 4th Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey. No registration.

## Monday Movies

Every Monday, 3 - 5 p.m.

**Special additional showing on**

Friday, April 21, 10:30 a.m - 12:30 p.m.

New releases with a foreign film once each month!



We strive to bring you only the latest films.

- **April 3, "Elle"** starring Isabelle Huppert. WARNING ADULTS ONLY. Rated R
- **April 10, "Paterson"** starring Adam Driver. Rated R for language.
- **April 17, "Hidden Figures"** starring Octavia Spencer. Rated PG.
- **April 21, "Lion"**, starring Dev Patel, 10.30 a.m. to 12.30 p.m. Rated PG-13.
- **April 24, "The Founder"** starring Michael Keaton. Rated PG-13



Due to uncertainty about release dates, please check our website at [www.dfla.org/calendar](http://www.dfla.org/calendar) for current listings and updates.



*[For a complete calendar of adult & youth events & classes, click here.](#)*



Desert Foothills Library, 38443 N. Schoolhouse Road, P.O. Box 4070, Cave Creek, AZ 85327