

# Adult Events & Classes

## March 2017

Free Events - Except where noted



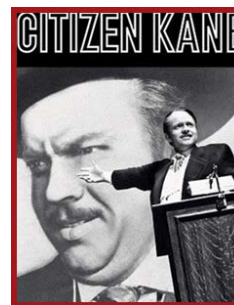
### PLEASE NOTE

**Programs may be subject to cancellation** due to parking lot construction. We will endeavor to keep disruption to a minimum and you will be notified of any changes. During the construction period, ending April 2017, we ask that patrons car pool as much as possible.

## Orson Welles *Citizen Kane*

Saturday, March 4, 1 - 3 p.m.

Hailed by critics and fans alike as one of the greatest films ever made, *Citizen Kane* continues to influence filmmakers and astound viewers 75 years later. Nominated for nine 1941 Academy Awards®, with a win for Best Original Screenplay, **Orson Welles'** controversial masterpiece uses the innovative flashbacks and groundbreaking cinematography to follow the epic rise and fall of a wealthy newspaper magnate. **Register:** 480-488-2286



## Domestic Violence & Elder Abuse

Thursday, March 9, 1 - 2 p.m.



This educational presentation will discuss the scope of the issue of domestic violence and elder abuse, signs that abuse may be occurring, resources to utilize for any victim of abuse, as well as how to protect yourself from predators. Speaker, Lizzie Kazan, is currently the DOVES Community Programs Manager at the Area Agency on Aging, Region One. **Register:** 480-488-2286

## From Sea to Shining Sea

### The American Spirit is Defined by its Land

Monday, March 20, 1 - 2 p.m.

Through the paintings of our 19<sup>th</sup> Century artists, join us as we journey from the first colonies along the Atlantic to the Ohio River Valley, through the

Louisiana Purchase and the Northwest Territory, from California Coasts to the Rio Grande, as America inches its way to complete the "footprint" of the continental United States. From the Spanish American War through the most recent War on Terror, we have fought to preserve this land and the unique gift it represents ... a beacon of hope that stretches from

**"Sea to Shining Sea."** Presented by Sherry Koopot docent of *The Phoenix Art Museum*.

**Register:** 480-488-2286



## Life as Art

Thursday, March 30, 10 - 11 a.m.

"Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep" said Scott Adams. Living offers the opportunity to learn and explore, inspiration can arrive in the most unusual places. How can we use play to free our capacity to live artfully, to increase our express-ability and infuse meaning into the mundane? For the artist and wanna-be-artist who wants to loosen self judgement for vitality. Presenter Judah Page is a Somatic

Movement and Brain Health Coach with 20 years of experience. **Register:**480-488-2286

## Peter & the Wolf Classical

Thursday, March 30, 2 - 3:30 p.m.

Adults and children of all ages are invited to a musical story hour

of the well-loved story, Peter and the Wolf. Musicologist Fran

Rosenthal will present all of the music, share several picture books,

and talk about the story and the instruments depicting the characters and the animals. This is a great way to introduce children to classical music! Geared to ages 5 & up. **Register:** 480-488-2286.



**Named "Best of Phoenix, [Best Library in the Valley](#)" in 2014.**

**Support your community! The Library is a non-profit, funded by donations. Ask about the benefits of membership and volunteering.**

**Library Closings**

*No closings in March*

## Music @ the Movies

March 2, 2 - 5 p.m.

(1<sup>st</sup> Thursdays)

**Mamma Mia:** Set on a colorful Greek island, the plot serves as a background for a wealth of ABBA songs. A young woman about to be married discovers that any one of three men could be her father. She invites all three to the wedding without telling her mother, Donna, who was once the lead singer of Donna and the Dynamos. 110 min. Hosted by Music enthusiast Annis Scott. No Registration.



## The Literate Foodie Club

March 6, 1 - 2:30 p.m. (1<sup>st</sup> Mondays)



**March Topic:** *Behind the Door Marked Private: Confessions of a Small Town Bed and Breakfast Owner* by Nancy Huisenga.

Meeting will feature samples from recipes in

the book, and a live interactive interview with Nancy via FaceTime! Co-presenters Char McKeever and Dana Rakinic. Questions? Contact [danarakinic@gmail.com](mailto:danarakinic@gmail.com).

**Limited Space; register early!** 480-488-2286.

**Cost:** \$10

## Social Security 101 Retirement Planning



Wednesday, March 8, 6:30 - 7:30 p.m.

Join Mike Wilson of Trajan Wealth, LLC, to learn how you can maximize your Social Security Income during your retirement. Learn how you can earn an extra 8% per year by delaying your Social Security enrollment and what to consider before filing.

- Gain over \$75K or more by using maximization strategies
- Qualified vs. Non-Qualified retirement money and what it means to you
- RMD Penalty of 50% and how to avoid it
- How to safeguard your retirement assets from market DOWNTURNS

**Register:** 480-488-2286

Literary Salon

## Library Hours

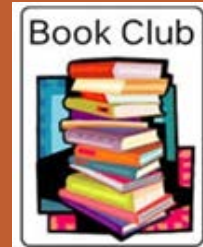
Monday-Friday

9am-6pm

Saturday 10am-4pm

Sunday 11am-3pm

## Library Book Club



March 14, 10 a.m. - Noon

(2<sup>nd</sup> Tuesdays)

Discussion of

**Abide with Me**

by Elizabeth Strout.

*Everyone is welcome!*

Questions?

Email Jo Niemeyer at [joniemeyer@yahoo.com](mailto:joniemeyer@yahoo.com)

No registration.

**Click here** for a complete book list.

## Passport?



The Library is a

**Passport Acceptance Facility**

Available daily!

Appointments essential.

Call 480-575-3201 or click **here for details.**

## Not Your Typical "Book Club"

March 9, 10:00 a.m. - Noon (2<sup>nd</sup>  
Thursdays)



An informal discussion of books, film and theater. No requirements to read or see any particular book, film or play. **March Topic: Angels Among Us.** Have you ever experienced or witnessed situations where disaster was averted by only a moment? Or had the feeling that you were being guided in some way? Maybe a Good Samaritan helped you out? [Note: theme is not intended to have a religious connotation.] No Registration.

## Chapter2Books

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Biggest used bookstore in the North Valley!

More than 15,000 books as well as

DVDs - CDs - AUDIOBOOKS

Starting at 50 cents!

Located inside Desert Foothills Library

**SPECIAL SALE!**

March 10th, 11th, 12th

(2nd weekend each month)

Check us out on [Amazon](#).

Donations are welcome anytime!

[www.Chapter2BooksAZ.com](http://www.Chapter2BooksAZ.com)

480-488-2777



Inside the library

**OPEN 7 DAYS**

## Music Appreciation @ the Library

Fridays, March 10 & 24, 4:00 - 5:30  
p.m.



Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history. **Register:** 480-488-2286

**March 10:** "Musical Humor...What is it that makes music Funny, Light, or a Joke?"

**March 24:** "Mozart and Puccini Opera...Melodic Heaven!!"

## Amazon Smile



Amazon will donate 0.5% of your eligible purchases to the Desert Foothills Library Association.

**CLICK HERE TO JOIN**

## Quick Links



[Printable Events Calendar](#)

[Digital Library Catalog](#)

[Online Tools & Research](#)

[Donate](#)

[Become a Member](#)

## Zinio

**Digital Newstand**



The world's largest digital newsstand is available now. Enjoy a huge array of popular magazines online.

**Visit our website to access Zinio.**

## AARP Driver Safety

Saturday, March 11, 10:30 a.m. - 3:00 p.m.

A refresher course in driver safety and driving skills (lecture). Materials are included. Completion of the course may entitle you to an auto insurance discount (check with your insurer; not all participate). Bring a sack lunch. Class Limit 15.

Email instructor Scott Rexinger at [srexinger@gmail.com](mailto:srexinger@gmail.com) with questions.

**Registration Required:** 480-488-2286.

**Pay Instructor at class:** \$20; or \$15 with AARP member card (checks only), plus \$5 cash or check to Desert Foothills Library.



## Book Discussion

### *Better with Age* *The Ultimate Guide to* *Brain Training*

Thursday, March 16, 3:45 - 5 p.m.

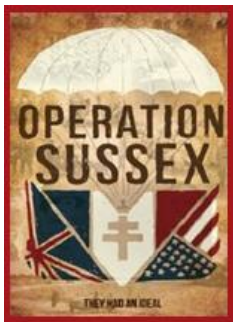
3 Part Series. Get the inside scoop on neuroplasticity and how the brain can improve with age in this book discussion with local author and brain coach Phyllis Strupp. We will discuss the questions at the end of each chapter. Check her website at [www.brainwealth.org](http://www.brainwealth.org).

**March:** Chapters 6 & 7. **Register:** 480-488-2286



## Cinematic Reflections on WWII Little Known Stories of the War

March 17, 3 - 5 p.m. (3<sup>rd</sup> Fridays)



World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war -- stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. A post-film discussion, facilitated by Gary Zaro, faculty WWII expert

from Paradise Valley Community College (PVCC), will follow.

**This month:** *Operation Sussex* (53 min.). **Register:** 480-488-2286.

**freegal**



**Free music downloads**  
**you can keep forever!**

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Use your library card to download up to five music tracks each week to your computer -- free!

DRM-free: once downloaded, they will not expire. Follow the image above and click on the "Freegal" button on the right side of the page.

## Rocket Languages

Choose from  
13 languages



Learn to speak a language online today! All you need is a **free** Desert Foothills Library Card to get started. Visit our **Digital library at DFLA.org**. With our comprehensive multi-media packages you will be speaking and improving your language skills with every lesson by taking part in the modern, everyday conversations that make up our Interactive Audio Course.

**Culture Pass**

## Protect Your Money

Saturday, March 18, 10:30 a.m. - 12:30 p.m.

- From fake/biased financial advisors
- From the next stock and bond market collapse
- From higher taxes due to the Affordable Care Act
- From running out of money in your retirement years



Presented by Dr. Harold Wong, PhD Economics, who writes the AZ Republic money column. **Register:** 480-488-2286.



*FREE passes to arts and culture venues in metro Phoenix! (Desert Botanical Gardens, Science Center, Art Museums, to name a few!). Limited availability - you must personally check the display when you visit. **Now available at DFL***

### FAX Service



*Donating Members: FREE!  
Cardholders:  
per page... \$1 local;  
\$1.50 long distance  
(US only)*



## Post-Election Economic & Market Forecast

Wednesday, March 22, 6 - 7 p.m.

Learn how the result of this election can change the rules for retirement.

- How will the stock & bond market react and what can you do about it?
- Will taxes go up or down?
- Will the housing market stay strong?
- Will interest rates rise? What will happen if they do?
- What is the future of Medicare and Social Security?
- What will happen to the overall Economy

Presented by Dr. Harold Wong, PhD Economics, who writes the AZ Republic money column. **Register:** 480-488-2286.

### Shop & Dine to Fund the Library!

Shop at the eScrip Online Mall to earn \$\$ for the Library



**SIGN UP JUST ONCE !**

*Help earn money for the library by clicking [here](#).*

## Crafty Card Making

Saturday, March 25, 10:30 a.m. - 12:30 p.m.

We'll make cards for every season, every reason! Join in the fun with Card Maker Melissa Sunde, who will have all the supplies cut and ready, and will help guide you in making 3 greeting cards. You'll learn new stamping techniques and how to use all kinds of new supplies. Don't worry if you feel you are not creative - it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3. **Registration Required by Wednesday, March 15th**, to allow time for preparing class supplies: 480-488-2286.



### Food Bank Drop-off



*The library has partnered to feed the hungry in our community. A drop-off collection container is located by the pillar, left of the front desk.*

**Important Notice**  
**Stock Donations to the**

**Cost:** \$15.00.

## Mighty Art Workshop

Saturday, March 25, 1 - 3 p.m.

Beginners, as well as experienced artists, are welcome; all students will receive independent instruction during classes. All needed supplies will be provided. Roberta will share work done by artists throughout history, and will do a demo to illustrate how art supplies and subject matter are to be used. Students will select from objects, and begin working with graphite, in order to learn the techniques of rendering form and volume on paper. Instructor Roberta Kritzia is a highly respected Art Instructor who has conducted classes at the MIM. **Register:** 480-488-2286.



**Cost:** \$39 (includes material fee)



## Craft n Chat

March 27, 1 - 3 p.m.

(4<sup>th</sup> Mondays)

Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill

levels are always welcome! No registration.

## MAHJONG

### 4-Day Beginner's Class Series

March 3, 9 a.m. - Noon

March 6 & 8, 1 - 4 p.m.

March 9, 1:30 - 4:30 p.m.

Want to learn to play Mahjong? Instructor Andrea Korff has been playing Mahjong almost 30 years and has enthusiastically taught the game for 8. She guarantees a solid foundation for playing this exciting & challenging game. Limited Space. **Register** with Andrea at 480-650-5199.

**Cost:** \$75.



## Library



*The Library welcomes donations of stock, and we want to properly thank those of you who give such a donation.*

*Did you know that stock brokerage houses will no longer release the names of those who donate?*

*So we have recently been unable to thank several patrons for their generosity. If you donate, would you please include your name and address?*

**THANK YOU!**

## Community Partners



Cave Creek Museum

CC Unified School District

Desert Foothills Land Trust

Foothills Caring Corps

Foothills Community Foundation

Foothills Foodbank

Sonoran Arts League

YMCA

## 2-Day Refresher Course

March 16 & 17, 9 a.m. - Noon

Tips/Strategies and increasing speed and odds for winning!  
Limited Space. **Register** with Andrea Korff at 480-650-5199.  
**Cost:** \$40.

## Mahjong Club

Every Tuesday, 1 - 4 p.m.

Must have basic knowledge of the game. Limited space.

**Registration required:** contact Club Director Andrea Korff at [mandakorff@cox.net](mailto:mandakorff@cox.net) or 480-650-5199. **Cost:** \$4 cash per session. Pay to Andrea Korff at class.

## COMPUTER/TABLET CLASSES

**Classes below taught by Tech4Life.**  
**Registration Required: 480-488-2286**



### iPad Class 101

March 2 & 23, 9:30 - 11 a.m. (1<sup>st</sup> & 4<sup>th</sup> Thursdays)



This class will show you how to use basic feature of your iPad. We will move around apps and create folders and will even go over all the buttons, screens, and settings you never knew you had! Must bring your own Apple iPad.

### Windows 10 Overview

March 9, 9:30 - 11 a.m.

(2<sup>nd</sup> Thursdays)

Microsoft has a new Operating System! Come and let us show you what's new and how to use it! Even if you don't have 10 yet, come and see the new features and understand the upgrade process. Lecture; no computers provided, but you may bring your laptop with Windows 10 pre-installed.



### Password Management and Security 101



March 16, 9:30 - 11 a.m. (3<sup>rd</sup> Thursdays)  
Do you despise a million passwords? Worry about credit

## Membership



*Did you know that we are an independent, non-profit public library, depending on the support of individuals like you through memberships and donations for 90% of our funding? You'll enjoy additional benefits by becoming an annual member. **Join now** for as little as \$40 individual or \$70 family!*



card fraud? Has someone called you about your computer being hacked? Is your data safe? Show up and we'll explain all of this and more! Lecture and Handout provided, no computers.

## FOR WRITERS

### Writers Connection Creating Characters with Depth

March 3, 1 - 3 p.m. (1<sup>st</sup> Fridays)



Award-winning mystery writer Betty Webb's popular workshop explores the many ways writers can explore their own lives to find the "heart" of each one of their characters. Betty also gives pointers on what to do when a character steps out of line and takes over a book, a situation that happened to her in her new Lena Jones mystery, "Desert Vengeance." **Register:** 480-488-2286.

### Journaling Classes

March 13 & 27, 1 - 3 p.m.

**March Topic:** *Writing through transitions.* Gain clarity and

understanding of a current life transition you are experiencing. Learn lots of tips and writing tools for making the most of it. Bring a journal or a notebook and pen. No writing experience required. MaryLee Simpson is a certified journal facilitator and has taught therapeutic writing for nearly 20 years. **Register:** 480-488-2286.



### Memoir Writing Group

Monday, March 13, 10 - 11:30 a.m.

(2<sup>nd</sup> Mondays)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.

## SPANISH OFFERINGS

### Intermediate Conversational Spanish

Every Wednesday, 10:30 a.m. - Noon

Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.



## Spanish Classes

**All Spanish Classes below are taught by Alina Lowen, a native speaker who has taught for 30 years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-595-5500. Limited class sizes, register early! Registration required at least 2 days prior to class start: 480-488-2286.**

**Cost: \$54 for 6-week series.**

### Spanish Level 1

Wednesdays, March 1 - April 5, 9:30 - 10:30 a.m.

No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

### Spanish Level 2

Wednesdays, March 1 - April 5, 10:40 - 11:40 a.m.

### Spanish Level 3

Wednesdays, March 1 - April 5, 11:50 a.m. - 12:50 p.m.

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## HEALTH & FITNESS

### Guided Meditation

March 28<sup>th</sup>, 4:30 - 5:30 p.m.

(4<sup>th</sup> Tuesday this month only)

In this practice, we lie on the floor with closed eyes and relax in the space just before sleep. *Please bring a yoga mat or blanket.* **Registration required:** Contact instructor Judith Zeiger 480-760-5645 or [jzeiger@gmail.com](mailto:jzeiger@gmail.com).

**Cost:** \$6 cash, pay to instructor at each class.



### Gentle Yoga

Every Sunday, 11 a.m. - Noon

Reduce stress, improve posture, increase coordination and renew energy with slow, controlled poses. *Please bring a yoga mat and light blanket.* **Registration**



**Required:** Contact instructor Tanya Kern: 623-465-0507 or [tkmoon2@aol.com](mailto:tkmoon2@aol.com)

**Cost:** \$8 cash, pay to instructor at each class

## Qigong/Tai Chi Easy

*REGULAR Class* 8:45 - 9:45 a.m.

*GENTLE Class* 10:00 - 10:30 a.m.

Every Friday

A discipline that can be practiced and benefits gained at any age - you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing and repeated gentle motions and stretches to improve health, balance, agility and flexibility. Gentle class is for anyone who wants to take it extra slow and easy. Wear loose clothing and bare feet.



**Registration Required:** Contact instructor Bina Bou: 480-284-1300 or [bina.b75@gmail.com](mailto:bina.b75@gmail.com)

**Cost:** Prepay instructor \$35 cash for 5 classes; or \$10 drop-in.

## Tai Chi Series for Health & Vitality

Sundays March 5 - April 2, 1 - 1:50 p.m.



A Chinese health system that consists of a slow and gentle sequence of movements. The emphasis of this class is on balance, relaxation and 'chi' flow.

This is a five-class series, and because each class progressively builds on the previous class, drop-ins are not allowed. Instructor Roger Steward has practiced Tai Chi since 1966. Over the course of ten years (before retiring), he taught Tai Chi to more than 2000 in Raleigh, North Carolina.

**Register:** 480-488-2286.

**Cost:** \$40 for 5-week series.

## MONTHLY SUPPORT GROUPS

**Led by Hospice of the West facilitators. No registration**



### Caring for the Caregiver

March 6<sup>th</sup>, 10 - 11:30 a.m.

(1<sup>st</sup> Monday)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

# "The Healing Pathway", After the Loss of a Spouse or Partner

March 13<sup>th</sup> & 27<sup>th</sup>, 9:30 - 11 a.m.

(2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW  
NORMAL" as you process through your personal grief journey.

## Monday Movies

Every Monday, 3 - 5 p.m.

New releases with a foreign film once each month!

We strive to bring you only the latest films. Due to  
uncertainty about release dates, please check our website at  
[www.dfla.org/calendar](http://www.dfla.org/calendar) for current listings and updates.



***[For a complete calendar of adult & youth events & classes, click here.](#)***

***[For a printable version of our monthly adult events brochure, click here  
and look for the link at the bottom of the page.](#)***



Desert Foothills Library, 38443 N. Schoolhouse Road, P.O. Box 4070, Cave  
Creek, AZ 85327